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LETTER FROM THE EDITOR

Dear Readers,

Welcome to the interview issue.

While you've been studying up and partying hard, we've been busy interviewing and transcribing to our little hearts' content. We hope it shows. This month we are proud to bring you a doctor, a DJ, a girl group, a band, and an actress...It sounds like an ensemble worthy of *The Breakfast Club*.

Talking to cool people (especially celebrity people), is perhaps one of the most entertaining parts of the job. This can be illustrated by the impromptu call I got from Dr. Drew while in bumper to bumper traffic. (Apparently we had an interview time.) As I struggled to apologetically reschedule and write his cell phone number in lip liner on my car window, I simultaneously had to dissuade the guy in the truck next to me (using hand gestures reserved only for those that have seizures), that I was not in fact propositioning him. (Can you imagine getting fired because some dude on the freeway called Dr. Drew hoping it was you?) The point is that these aren't the sort of situations that happen in say, accounting.

We want to thank all those that make our jobs fun and interesting, especially this issue's interviewees—Dr. Drew Pinsky, Space Cowboy, the Paradiso Girls, Lifehouse, and cover girl Audrina Patridge. We appreciate the wee looksy into each of their oh-so-interesting lives.

And speaking of lives, we owe the life of our magazine, and thus a tremendous amount of thanks, to you the reader. We received a ton of mail and lots of praise on our first issue and we couldn't be happier. As a result, because Cliq has become such a force to be reckoned with, we would like to encourage you to apply for our intern, writer, sales, and design positions. Email us at info@cliqmagazine.com for more info.

Once again, we hope you enjoy this issue and look forward to your comments and contributions!

Till then,

Kristen Fogle
Editor

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A DJ Strays From Gaga Land

space cowboy revealed

by Kristen Fogle

Even if the name doesn't immediately come to mind, you know him. Space Cowboy is the personal mixmaster for Lady Gaga; collaborating with her on the track "Starstuck" (off *The Fame*) and mixing the world renowned "Poker Face" for *Poker Face: The Remixes*. His last stint with Gaga was co-writing the songs "Monster" and "So Happy I Could Die" with Gaga and RedOne on *The Fame Monster*.

But Space Cowboy is no one trick pony. His newest album *Digital Rock Star* was released late last year and his "Electro Pioneers" EP dropped in January.



Cliq Magazine got a chance to sit down and find out a little more about Space Cowboy's digital rock genre of music, what he's got coming up next...and yes, what it was like to work with Lady G.

Cliq Magazine: So, where did the name Space Cowboy come from?

Space Cowboy: I used to work as a programmer at a studio in London and the studio manager would call me "Space Cadet" as I was a bit vague and not altogether of this world. It was a lot of fun and the name kind of stuck!

CM: Well that solves that. Also regarding background, what made you want to begin DJing?

SC: I was a hip-hop DJ from the age of 10 and would practice I was pretty obsessed digging the crates for drum breaks and stuff; then naturally got interested in the technology of how the records I was listening to were made. My dad got me a drum machine and then I'd make mix tapes with that and my tables.

CM: If you were forced to quit the music business and had to change careers, what would you be doing?

SC: Impossible to answer...Fashion police? Selling shoes to old ladies? Gigolo perhaps. Maybe buy an Italian restaurant, make well placed donations to the mayor, join the right golf club, hustle – the old fashioned way.

CM: Well you certainly hustle right now. Congrats on releasing your "Electro Pioneers" EP in January. What are some reasons fans should check it out?

SC: Thanks! Well, the producers involved kind of shaped a lot of the electronic music for the floors today, influenced and sampled by a lot of cats, not to mention they sold millions of records! Also, when Lady Gaga did a DJ set in London, one of her song choices was Thomas Dolby's "She Blinded Me With Science" so that's a good reason. Ha ha!

CM: I read you've dubbed your music "digital rock." Why is this an apt label for what you do?

SC: Because we party like rock stars and make music on laptops!

CM: We've learned you collaborated with rock star Chelsea Korke of the Paradiso Girls, a group who is also featured in this issue. What was that experience like? What do you appreciate about their music?

SC: Ha! Impressive! She's awesome. It is wicked fun working with her! I

like these girls so much. So lovely plus they know how to party it up. Chelsea can sing like crazy too and their lyrics are bananas. Actually, I want to be a Paradiso Girl.

CM: Me too, and I also want to be like Lady Gaga. I know you are probably tired of answering, but what's it like working with her?

SC: The experience of a lifetime. I learn so much from her. She has the wickedest sense of humor too and is the bestest songwriter I have ever met and the hardest working performer. She is the best! Hands down. There is no other.

CM: Any other collaborations or projects coming up?

SC: Yes. I am writing and producing for a lot of other artists in 2010 and performing my album *Digital Rock Star*, and spinning and partying it up around the globe – bringing the message of harmony and drinking responsibly and using a condom.

CM: Since you're in the mood for giving advice, for the college audience, what's a good tip for those that want to make music professionally?

SC: Hustle. Never take no for an answer. Work hard, non-stop perfecting your art. Be different; be ahead or at least at the forefront of your style. Reference good art. Use any method you can to get your music out – from viral to gigs. I get sent a lot of music links, etc. and although I cannot reply to everyone, I'm listening and so are many other people. Peace!

Fighting the Financial Hangover

How Much Does Spring Break Really Cost?

Article sponsored by



Spring Break lets students cut loose from the day-to-day pressures of academic life. Removed from the structure of campus, however, rowdy students can find themselves paying for their celebrations in any number of ways, including tickets or fines — not to mention pounding headaches. As inconvenient

as they seem at the time, the effects of these relatively short-term consequences can pale in comparison to the long-term effects of irresponsible credit card spending.

Credit cards can be all-too-tempting for cash-strapped students. What seems like an invitation to access easy money can end up creating a difficult situation. The drawback is that interest rates can, over time, transform even small, seemingly inconsequential purchases into significant debt. Here's an example: Imagine you and your friends plan a quick, 4-night, 5-day trip to the beach. Hotel rates run \$258 per night. You're feeling generous so you reserve the room with your credit card. Your friends pay you their share of the bill up-front, which you deposit into your checking account. Still, you've just added \$1,032 to your credit card balance.

You also offer to drive. You figure you can make it there and back on three tanks of gas. But there's a hitch — on the way, you realize you've left your debit card at home. No problem — you're way

under your credit card's \$2,000 spending limit, which should be plenty of money for the trip. Filling up your car costs \$32.18; by the end of the week, you end up topping off your tank four times. Your friends give you enough cash to cover two tanks, but you still put \$64.36 on your card, and your balance jumps to \$1,096.36.

Another twist adds more to your Spring Break bill: You can't quite remember how, but by the end of the trip, you've charged most of your food and drinks to your credit card — \$253.65 to be precise. Not much different than if you were at home, you figure. However, after all the food, your credit card balance weighs in at \$1,350. Oh, and don't forget the \$70 for that 800-foot parasailing flight, \$60 for that karaoke room, and \$120 to get your car back after that unfortunate towing incident. "Not even close to the \$2,000 limit," you think. Still, your credit card binge has ballooned to a sizable amount that could cause some long-term pain in the pocketbook once the morning after sets in. For one week at the beach, your vacation cost rings in at just one penny over \$1,600.



Or does it? Since you used your credit card, the answer may well be no. With the money you collected from your friends for the hotel room, those two tanks of gas, and a little extra cash from your savings account, you may be able to defray the costs of your trip immediately. Let's face it, though — it can be all-too-easy to let money sit in the bank — and that credit card bill is out-of-sight, out-of-mind. You really need a new set of tires, you take your friends out for a night on the town and a little Spring Break reminiscing, and, before long, the cash cushion you had set aside to pay your credit card bill is gone, leaving you making minimum payments. This is where not paying close attention to the sometimes-challenging business of managing your credit card spending can really start to leave you with a lasting headache. Assume the interest rate on your credit card is 18 percent. Your minimum payments are either three percent of your balance or \$25, whichever one is higher. In this case, three percent of \$1,600 is just under \$50. By making minimum payments, it could take you more than 90 months — that's almost eight years — to pay off your Spring Break celebration. But thanks to your credit card's interest rate, your \$1,600 expenditure quickly balloons. By making minimum payments, not only are you taking years to pay off your

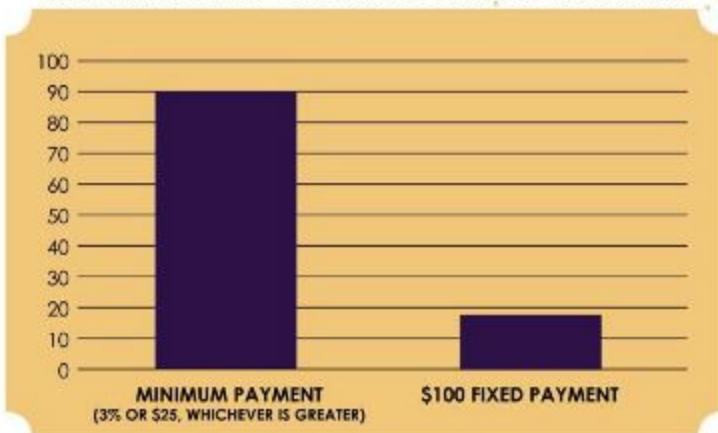


vacation bill, the interest adds approximately \$1,097 for a grand total vacation cost of \$2,697.

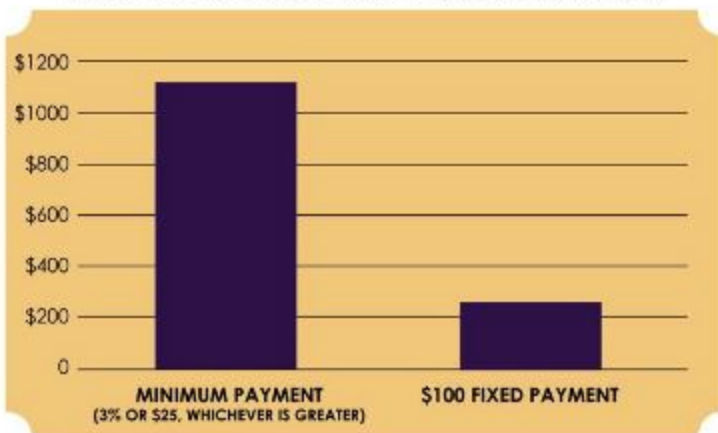
So, how can you avoid almost doubling the cost of your holiday? One strategy is to pay more than your minimum balance on your credit card. Doubling your monthly payment to \$100 cuts the amount of time spent paying off the card to just over a year and a half. Doing so also reduces the interest paid to just over \$240.

While paying more than the minimum balance can make a sizable difference, common sense says that saving your money and choosing a vacation that doesn't stretch your finances might be the wisest decision. One alternative to consider is using alternative forms of plastic during your trip – traveler's checks aren't especially beachwear-friendly, and may not be universally accepted. A pre-paid credit card paid for with cash is another option, but know the details before you buy. While they often come with set-up fees, they usually offer fraud protection similar to credit cards. If you choose to lean on your debit card, talk to a representative at your bank so you know your daily spending limit and any other important information such as what you may be liable for if there are unauthorized charges stemming from a stolen card. Financially speaking, responsible spending during Spring Break is a choice you can be proud of, with no lingering debt "hangover."

MONTHS TO PAY OFF SPRING BREAK PURCHASES



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LIFEHOUSE



By Kristina Blake

After 10 years since its inception, Lifehouse has sold more than five million albums and launched a number of chart topping hits. With the release of the band's fifth studio album, *Smoke & Mirrors*, the foursome is bound to build upon its established success and propel even more radio friendly tunes. Rick Woolstenhulme, the drummer of Lifehouse, gave *Clq* the details on the band's forthcoming album and tour.

Clq Magazine: Congrats on releasing your fifth studio album on March 2. If it's anything like "Halfway Gone," I'm sure fans won't be able to stop singing the lyrics.

Rick Woolstenhulme of Lifehouse:

The album *Smoke & Mirrors* took us a little over a year and two months to make. We pretty much came off of three years of touring on our last album. The machine at this point was really well oiled and we wanted to just go straight from the road and into the studio to keep the chemistry and the live energy that we had. We went straight in and the first track that we cut was the track called "Smoke & Mirrors." After that came three, four more tracks and midway through the

record we started seeing this play on words of the title "Smoke & Mirrors." We had a bunch of pop songs and we had a bunch of rock songs. We needed something that has the rock elements, the organic kind of elements, and also has the pop sensibilities.

CM: I see. How will this album be different from your previous albums?

LH: This album definitely is different from the others. Luckily we've had a great producer, Jude Cole, and basically him steering us to not be contained in our boxes - he knows us so well. I think it would have been easy for us to go back into the studio and make another record like the last one we made because we've already done it. In

this case, we went in and it was a lot of trial and tribulation tracking songs and living with them for a week or two and coming back and no one is overly giddy and excited about it and we just scrap it. At the end of the day, by having us go out of our box and try some different roads creatively, a lot of different material came up... There's a few things that are still totally Lifehouse and still a lot of growth.

CM: Speaking of still being Lifehouse, every album has propelled some major hits. Does this encourage the band to try to outdo itself?

LH: I don't know necessarily about "outdoing" the hits, but at the end of the day, we take a lot of pride in being a band that number one,

has timeless song writing, and also has a little bit of a rock edge and a real edge. We're a band that really does play live and most of the people when they come out to see us live initially say that the stuff sounds better than the record live. That's because when we track our record, there's not a lot of manipulation of doing things that we're not going to be able to recreate and make bigger and better.

CM: Going back to what you have coming up, March seems to be a big month for you. I've also heard you are heading out on the road with Daughtry? How did that arrangement come about?

LH: Chris Daughtry is a good buddy of ours. We met him a few years back. We both shared the stage at a festival and we ended up becoming friends and he's just a super down-to-earth guy. When he was making his record and we were making our record, there was the whole thing of 'Hey, why don't you come down and be on a track?' He ended up coming down and Jason [lead vocalist, songwriter, and guitarist of Lifehouse] and Chris Daughtry and Richard Marx [singer / songwriter] got together and co-wrote a track called "Had Enough." That's kind of how this business works; it works in good ways. When you do have buddies that are in the business that have a lot of talent, it's like we're all one big team. On this tour, it's going to be a great bill. Two, the energy level with having a bunch of buddies on the same tour is going to be amazing. We're really excited! It's going to be a great opportunity for us to feature the new record. We're pretty much playing our entire new album and a few other tracks.

CM: You've toured a lot

throughout the years. How do you like it? Does it ever get really tiring?

LH: Touring definitely gets tiring, but at the end of the day, when we walk on stage, you can be sick, you can be bummed out, but when you walk on stage and the second you count out the song and you hear everything coming out of the speakers much bigger than life that just wipes everything away. The act of touring - riding in a tour bus with 13 other dudes and doing all that - can get tiring. The camaraderie between the band and the crew and everybody involved to make the machine actually work night after night is completely tiring. But the rewards are we get to play music on stage for a living and we get to lock ourselves in a studio for months



and make records, so we're pretty spoiled.

CM: Can you explain how the band has changed throughout the years? Has losing and gaining members affected musical consistency in the band?

LH: Over the years, the members change, but I don't think any of it's really affected the record making process or the song writing process. But at the end of the day, we've gone through some guys

and it's like any other business, especially when there's four guys involved. You want each guy in the band to have the same dream of what they want for the band and sometimes people find other things that they prefer to do. But I think this line up - Ben Carey and Bryce Soderberg - both of them got in the band maybe five years ago. Once that happened, we knew right away that this is going to be the unit. And now, five years have gone by since they started playing with us and I don't think it could get any better than the lineup that we have now. When you get new guys in the band the chemistry can change a little, but in this case, it changed for the best.

CM: Throughout it all, the band has enjoyed really loyal fans. How would you describe your fan base?

LH: We have the most amazing fan base! There's a good group of maybe 30, 40 fans who - these are the main super fans that have been to 60, 70 shows, some of them will travel. We'll be in Europe, Germany, somewhere and we'll see those fans at the show. The dedication of our fans is amazing! It surprises me how many shows they can

actually see. If we're on a tour doing a somewhat similar show for two months, even though there's audibles and we change stuff, I don't know how people can see the same show that many times.

CM: Have you ever had any crazy encounters with fans?

LH: Crazy encounters ... we had a fan come through the autograph line and wanted us to autograph a piece of bread. Other than the standard throwing up bras and stuff like that, we have great fans and they're very respectable and I think over the years, since the beginning, we've been the type of band and the type of people that are humble enough to go out and actually be down on the same wavelength of those fans. We go out and talk to them like peers. I think that's done us well and done our fans well because we both have an equal respect for each other.

CM: Lastly, speaking of fans, you have a lot of college-aged fans out there. And as always, we try to give our college audience some practical advice from the people we interview. For those who play instruments, what's the first step to crafting a really good band? Or for bands that are already formed, what's the next logical step to getting your name out there?

LH: For people who play instruments and want to get into it – Jason and I both have said this way too many times – the most important thing is that you actually deep down can get along with your band. If you can't, months in it will just get sour. I think we're all really like brothers to each other, we're all honest to each other, and we all also have an equal amount of respect. Also, now there's so many ways to get your music played, especially digitally. It's kind of crazy. It's such a good flight plan for new artists, for people who do have music. Posting your songs on MySpace or whatever kind of format can deliver it to people who want to hear it. But I would say 99 percent of the rulebook would say strive to write good songs. Start off with a good song and then when you get into crafting that song and producing it and making a record out of it that can obviously go many ways. But a good song will always be a good song no matter how you track it or record it.



THE STORY OF SKATE OLD SCHOOL TO NEW



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By Adam Mills
Photography by Mo Satarzadeh
www.mophotodesign.com

Comparing old school skating to the new school is like comparing an apple to apple sauce. While the original ingredient is still there, the final product is something entirely different. The culture is different. The board is different. The tricking style is different. Elements of what the forefathers of modern skating created remain intact today; however, much like the apple sauce, the resemblance to the apple is all but gone.

Gone are the 1970s when modern skateboarding was birthed. The boards were shaped like surfboards and the widths of the decks were almost three inches wider than modern day boards. The most popular board style in the 1970s was one made out of polypropylene, otherwise known as the "banana board." It was very skinny and extremely flexible, unlike most skateboards from the new school.

By this time, however, skateboard manufacturers came out with the maple plywood board, which started gaining steam as the most common way of

riding, and with them came new ways of riding. Frank Nasworthy's creation of the polyurethane wheel, coupled with the invention of trucks, allowed for more board maneuverability.

It was then, during the latter part of the 1970s, skaters like Larry Stevenson, Tony Alva, and Jay Adams of Z-Boys fame, and Ty Page started to create the foundations for new school skateboarding. Using empty swimming pools as their canvas, they skated vertically along their slopes in a primitive form of vert skating.

Alan Gelfand's creation of a no-hand aerial kick-up of the board revolutionized skating forever. The Ollie, skate boarding's most recognizable trick, is still a staple of all skating in modern day. Using a combination of flat ground surfing techniques, innovation, and frontside and back aerial tricks, these pioneers set the stage for years to come.

By the end of the 1970s, skateboarding not only had publications devoted to covering the sport, but Alva, Adams, Stacy Peralta, and others had become nationally known names. Still, skateboarding was in its

global infancy and had yet to touch the outer reaches of the globe.

During the 1980s, skateboarding moved from the pools and playgrounds of America to the streets. Skaters who had been shut out or told to leave these public places began building their own wooden ramps to skate. Those who could not afford to do so took to the streets to conquer anything from rails to park benches. Rodney Mullen, who practiced for days on end at his house and garage, created the kickflip and the impossible. Tony Hawk took the vert to new heights by incorporating spins into his trick repertoires. This is when the new school 'per se' took shape. The world was the skater's oyster.

During the modern era, the 1990s and beyond, skateboarding began to develop on a global scale. ESPN's broadcast of the Extreme Games (X Games) in 1995 thrust skateboarding into a popularity that it had never known. It had been underground, a sport for punks who listened to aggressive music, who dressed in baggy clothing as a symbol of rebellion. But now, from the culture to the skating itself, their world had changed.

Advertisers used skaters as their spokesmen. Riders began wearing the clothing of their sponsors. People who didn't even skate were buying skate company clothing as a sign of fashion.

A multitude of boards were created for specific ways of skateboarding, from downhill to vert to street. Skate parks



An advertisement for ExDrinks. The central focus is a can of 'PURE ENERGY NATURAL ENERGY DRINK' with a vibrant, abstract face design. The can is placed on a reflective surface. The background is a colorful, abstract pattern with yellow and red tones. Text overlays include 'REMEMBER WHEN YOU DIDN'T FEEL GUILTY?' and 'The Natural Alternative™'. A small box in the bottom right corner contains the ExDrinks logo and the text 'DRINKS The Natural Alternative™'. At the bottom, there are social media icons for Facebook, YouTube, Myspace, and Twitter, along with the website URL 'www.ExDrinks.com'.

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*Percent Daily Values based on a 2,000 calorie diet.



were created all over the world to house competitions and to showcase the skills of boarders who had at one time been behind the scenes.

The old school amateur days were over. The term pro-skateboarder was as common place as a professional baseball player. The spontaneity of it all was replaced by the modern focus on technical form on the ramps, on the rails, and in the pipe. While the Ollie, the kickflip, and the frontside aerial still existed, riders used their ingenuity to build upon these foundations to create moves like

the casperflip, the varial, and the nollie. The X Games now include riders from all over the world. It is common place to see skaters on every street corner around the world as well.

There were days when a skateboard was just a piece of wood mounted on wheels. Now, a skateboard can hurdle a man over the Great Wall of China. Today, top professionals have their own videogames, sponsors, and companies; but it didn't used to be that way.

Skaters now compete in nationally televised events for medals, exposure, and huge paydays. They're not only well known domestically, they're global stars who have influenced skaters from Paris to Rio de Janeiro to China.

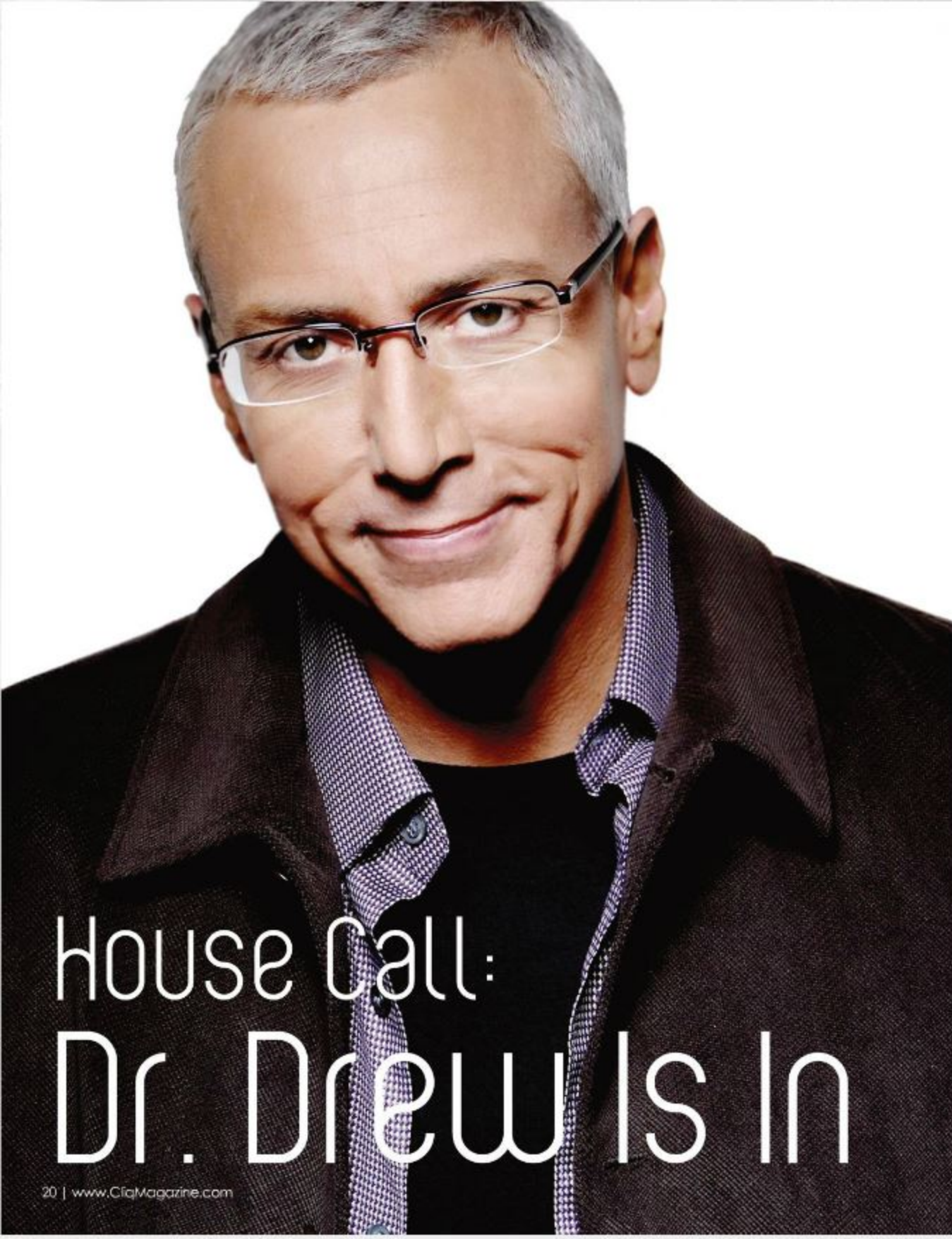


Skate parks have sprung up globally to encourage people to take part in the sport. From rails to half pipes to ramps of all shapes and sizes, they incorporate both street and vert in one setting. Boards are light and wheels are hard and small allowing for more maneuverability and greater



ability for trick innovation; but it didn't used to be that way either. A sport considered dangerous and rebellious has now become an icon. Today "extreme" is both sought after and appreciated.

From the apple comes the applesauce; but you never forget where it came from or what made it.



House Call: Dr. Drew Is In



By Kristen Fogle

Forget Dr. Phil or Dr. Ruth, the most influential doctor of our generation goes simply by Drew. TV and radio personality, author, and oh yes, M.D., Dr. Drew Pinsky is the go to man for drugs, sex...all the dude needs to do is conquer rock and roll.

Currently, *Celebrity Rehab* and *Loveline* are giving us a lot of our favorite doctor, but like all true addicts, *Cliq* wanted more. The kindly man of medicine answered

our questions when it came to his show's new season, how his (almost) college-aged kids view their dad, even specific tips on how one can become Dr. Drew-like professionally.

Cliq Magazine: I caught the first episode of *Celebrity Rehab* and it seems like it's going to be an interesting season. What made you want to do a third season?

Dr. Drew: They asked me to. I'm interested in helping celebrities, well drug addicts, and there are a lot more stories to be told about the addictive disease. We're learning how to tell the stories better all the time. That includes more elements of treatments in a way that people gain an understanding of the treatment process. In addition to telling the stories and treating the celebrities, we are trying to change the culture too and that takes time.

CM: What's the most challenging part about working specifically with celebrities that are recovering addicts?

DD: There's a certain amount of entitlement; there's a higher incidence of childhood trauma. Their disease often spirals longer because celebrities don't necessarily have the same consequences as the rest of us. They don't have employers or family members dragging them into treatment early in the disease process. The reason we see so much pathology in celebrities is because they have the opportunity. It's not as if being a celebrity makes them more ill, it's the fact that they have the power to continue in their illness without someone bringing them in. It's also harder to get them to 12-step meetings because they feel like they're going to be outed and what not. The only real difference is getting them used to not being treated differently than everyone else. That's the key to their recovery.

CM: Any celebrity stories from this season that you feel particularly passionate about or awed by?

*Photos Courtesy of:
Kevin Winter / VH1
Paul Gregory Photography
Michael Tucker Photography*

DD: Yea, Heidi is someone that I've known for a long time personally and to get deeper into her story was moving for me. Tom Sizemore is just an amazing human being and a severe drug addict. I have a tremendous affection for that guy. It's a struggle with him, boy.

CM: It was interesting to see that side of Heidi too, as this person who is deeply lonely. It was heartbreaking.

DD: Yea, she's a sick girl and she's in pain.

CM: In the case of Lisa, being that she seems to abuse alcohol but is not sure she's an addict...

DD: You will see Lisa gain a deeper understanding of her alcoholism...at least I hope; I haven't seen all the cuts. The reality is, during treatment she came around amazingly. In fact I just received a direct message from her expressing to me how important the experience of treatment was for her.

CM: We see alcohol abuse all the time on college campuses, particularly since heavy binge drinking is such an ongoing trend in the college environment. What's the first step to recognizing you or someone you know might have a problem?

DD: Well, it's very simple. Are there consequences from your using? Does your using continue to escalate even despite the consequences? Do you have a family history? That's all you need to know. In light of the consequences, it can be once a week, once a month, or once a year, but if it continues, it's going to get worse.

CM: Also on the drug front, we've seen a lot of (both alleged and confirmed) prescription drug overdoses lately. Do you have insights as to why we are seeing these as the drug of choice?

DD: Oh, absolutely. This is the beginning of a tidal wave and it's a rather complicated issue. These medicines that we have distributed are fantastic medicines. They are so good and so powerful, but they have a higher potential for addiction. Couple that now with the wide



Dennis Rodman on the set of *Celebrity Rehab*

distribution, the wide availability, the fact that virtually in any medicine cabinet in America you can find all sorts of prescriptions. I mean that's unbelievable. In fact, I invented a product called RX Locker that parents can use to lock up their medications to make a statement that this stuff is a serious thing. And to add to that, my profession doesn't really understand addiction; we hand these things out quite readily. They are widely available and incredibly dangerous and people don't appreciate that.

CM: Moving on to Loveline, well, it has been on for a really long time.

DD: How dare you. How...how dare you.

CM: (Laughs.) Yea, I won't cite the year or anything like that. Do you think the stories you've heard have been getting progressively more ridiculous, or are you kind of at the point where you've heard it all?

DD: I've heard everything and it's definitely not getting more ridiculous; it's getting more poignant. The predominant theme is surviving severely abusive childhoods. That's where we've come the last 20 years. And also the bizarre relationship our culture has with sex. I think the prevailing credo is somehow we're puritanical or too prudish, but I take issue with that. I think we're over the top with sex. We're ridiculous with it, we don't understand that it's an important part and expression of who we are, and it's meant to be an expression of intimacy and has profound psychological consequences. It's not, hey, whatever you're into. It has meaning, and we need to remember that.

CM: What's the most shocking sex story heard on Loveline?

DD: It's funny you should ask that because I pulled up a call from 1999 and aired it again last night. We had on Ryan McPartlin who plays 'Captain Awesome' on *Chuck*. So I pulled up a call from this guy named James who was expressing righteous indignation over his monogamous, intimate, consensual relationship with his Akita Shepherd mix dog. Revisiting it again last night was surreal.

CM: You've had a long standing work relationship with Adam Corrolla. Any plans to collaborate with him in the near future again?

DD: I just talked to him literally the call before ours. And I [was] on tape with him January 30th. We and our wives are going to dinner next week. Yea, we talk all the time.

CM: Your kids are about college age, right? How do they take seeing dad as this sex therapist?

DD: Juniors, high school juniors. I'm an addictionologist, they don't see me as a sex therapist. They see me as the guy who they can't lie to because I have infinite powers that way. I hold them to pretty high standards, for their benefit, on their behalf. And I urge them to try me... just, try me. I mean, I'm just dad. But they know that I'm hard core about the drug and alcohol thing because I've just seen too many lives absolutely ruined by it.

CM: What else will fans be seeing from you this year? Movies? Any other TV? Something completely unrelated?

DD: Well, we've got *Celebrity Rehab 3* airing now and *Sober House 2* in the spring. I've got a project with MTV, a comedy thing, just for fun, a spinoff of *Greg the Bunny*. It's funny. I did a reunion show of the *Teen Mom* special. I was very proud of that. And then I'll be doing another reunion show for *16 and Pregnant*. Then there are a lot of little pilots, this and that that I can't really discuss. I also have another book I'm starting to write on the demise of intimacy.

CM: Lastly, but also on the topic of fans...Our audience consists of college students across the nation. Of those who may want to go into sex therapy or addiction studies, what's the most logical first step?

DD: I hate to be...what's the word I want to use to describe this... maybe chauvinistic? But I think first you get your M.D., no matter what field you are going into so you cannot fully understand the profound complexities of the psycho-biological aspects of human experience without training as a physician. Then, you

go into psychiatry or reproductive medicine, whatever you want to go into. But my humble opinion, and I mean this in the humblest way, to really do this work, if it is really your passion, you have to become a physician...When it comes to doing your residency, again, my humble opinion is, but the most complete training for the kind of work I do is a combined medicine/psychiatry residency and then an addiction or sex therapy fellowship. Then, if you really want to kick ass, do a few years of psychoanalysis. That takes about 10 years after college. That's really if you want to do it right. You can certainly serve people and serve in other capacities and be supportive, but if you really want to fully understand things and be at the head of this discipline, that's the kind of training you need. The fact that I do the detox on these patients, and treat their abscesses, and treat their pneumonias, deal with their mood instability, or whatever is because I am their physician.

Celebrity Rehab with Dr. Drew is airing Thursday nights at 10 p.m. on Vh1. Tune in to Loveline Sunday through Thursday nights at 10 p.m. (or stream it live through the new iPhone application).



Spring Break

Destination List

By Rachel Shapiro

Picture yourself on a tropical beach in Jamaica or skiing down the snowy slopes of Aspen. Check out these 15 **hot and cool** Spring Break vacation spots all over the world, where each destination offers something exciting and different for everyone.

PANAMA CITY, FLORIDA

Push those books aside and run toward the sunny Florida beaches. Panama City was named the number one beach in the U.S. by the Travel Channel for Spring Break fun. If you're looking for a relaxing escape or action-packed adventures and entertainment, look no further than the Sunshine State, home to two of the largest tourist destinations: Orlando and Miami. Join thousands of college students from all over the globe in a study-free paradise!

ASPEN, COLORADO

If you're looking for a "white" spring break, Aspen, Colorado is ranked one of the most popular ski destinations in the west. There are four major ski areas between Aspen and the village of Snowmass. Whether you are an avid skier/snowboarder or just want to enjoy the scenic, snowy surroundings of Aspen, this is a historic destination with fun for all ages.

CANCUN, MEXICO

This hot spot has so much to offer...and even that is an understatement. Cancun is no doubt one of the number one destinations for clubs, parties, lavish beaches, ancient ruins, exotic jungles, more clubs, and more parties. So if you're looking to be a beach bum or a party animal, Cancun is the place, and you can decide once you get there!

ACAPULCO, MEXICO

Acapulco is sometimes called the Riviera of Mexico, with a 24-hour tropical paradise. Beaches, bays, and mostly known for cliff diving, Acapulco has become one of the most famous diving places in all of Mexico.

CABO SAN LUCAS, MEXICO

How do you describe Spring Break in three words? If you just thought Cabo Wabo Cantina, follow your heart to Cabo San Lucas for the time of your life. Located on the peninsula of Baja California, Cabo San Lucas is the perfect spot for college students like you. On the outskirts of Cabo you will find sunshine activities such as snorkeling, golfing, diving, and beautiful beaches. Then venture into downtown Cabo for some party time.

NEGRIL, JAMAICA

Home of Bob Marley, Jamaica is a unique gem with clear beaches and tropical forests. Twenty years ago, Negril was a trivial fishing village; yet today it is a number one tourist destination. Visit Bob Marley's birthplace and celebrate the sun with Negril's seven-mile beach and incredible sunsets. With some of the nicest people and craziest parties, Jamaica will be a memorable getaway for anyone, mon.

DOMINICAN REPUBLIC

Beaches, casinos, nightlife. This might seem similar to some of the other destinations, so why Dominican Republic? With nine national parks, 15 natural reserves, nine protected island panoramic views, from moist and dry tropical forests to semi-deserts, the colorful landscape of this Caribbean island is one-of-a-kind. The Dominican Republic also contains four mountain ranges; four of the tallest peaks in all of the Caribbean.

ITALY

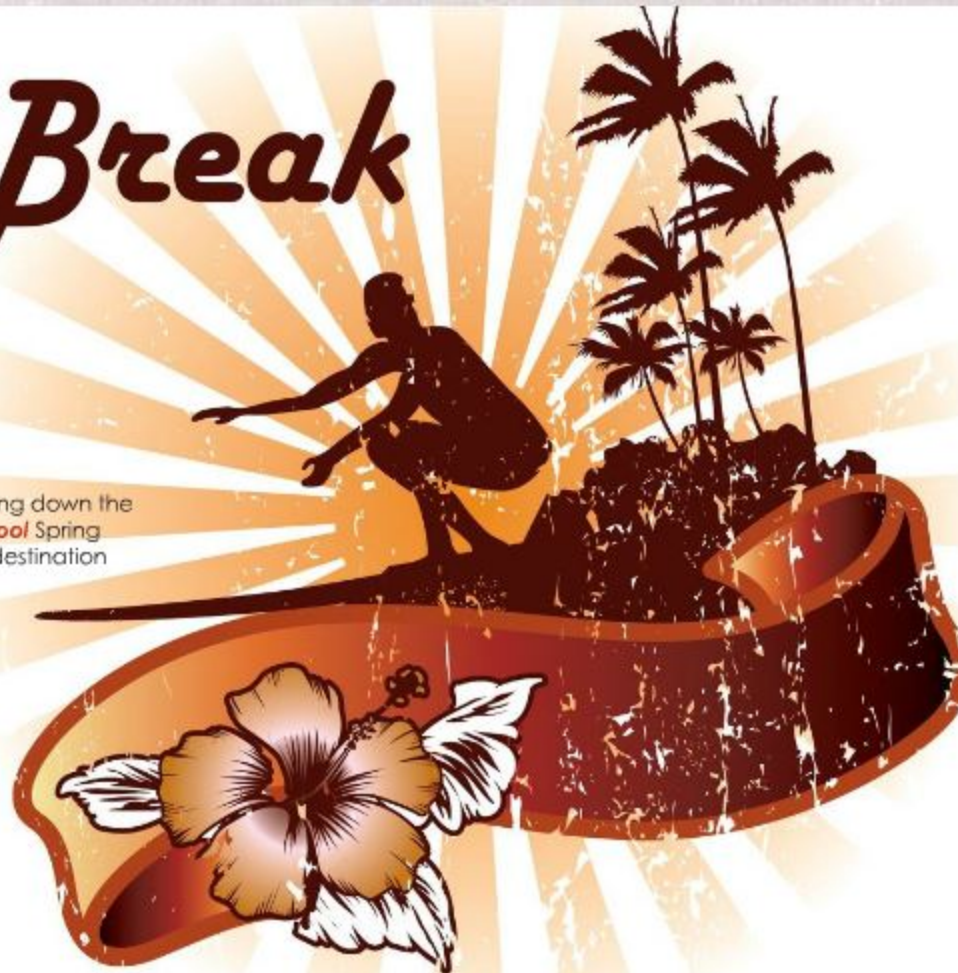
The mouth-watering Italian dishes, rich-cultured villages, historic museums, and artifacts, and of course world-famous gelato are just a few reasons to visit Italia for the Spring Break-a! Energetic Italian nightclubs and unique shopping areas, plus the countless attractions, will keep you more than busy, and make leaving this food capital of the world a hard thing to do.

JACKSON HOLE, WYOMING

Considered the "Crown Jewel" of the Rocky Mountains, you will find miles of snow-covered mountains in Jackson Hole. Enjoy snow sports with breathtaking views, plus Yellowstone National Park is fairly close with a drive up north. Don't forget to bring your camera for the scenic rides around the Equality State, for equal views of budding flowers and snowy mountains that will leave you speechless.

KOH PHANGAN, THAILAND

If you are looking for a journey to one of the most tropical places in the world, look no further than the exotic country of Thailand. Koh Phangan, located in the gulf of Thailand, has exotic beaches and mountainsides you can only find in this lush paradise, so it is well worth the plane ride over. (And finding a good fare is not hard to find in our economic state, so take advantage). Plus, once you get to your tropical destination, you will be astonished by the cheap prices.



LAS VEGAS, NEVADA

What happens over Spring Break, stays (in, over?) Spring Break...at least in Vegas! Sin City is known for, well you know...booze, ladies, and getting lucky. So if you plan on getting lucky in love or testing your luck in gambling, Las Vegas is an exciting place with much to offer. If you're not into the "lucky" scene, try one of the many show-stopping shows such as a concert or even a comedy act. My personal favorites are "Beatles Love" playing at the Mirage and the water show in front of the Bellagio.

LAKE HAVASU, ARIZONA

If you don't enjoy bikinis, jet skis, boating, and thousands of fellow college students, Lake Havasu is not the place for you. But let's just assume you do enjoy crowds of rowdy college students, exciting boat rides, and partying. In this case, Lake Havasu is a fun, affordable, and perfect destination for you.

SOUTH PADRE ISLAND, TEXAS

I know your number one choice for Spring Break is Texas right? Well, maybe not, but listen to a few good reasons why you should consider South Padre Island for a sunny, unforgettable break. First of all, they offer sandcastle lessons on the beach, which should be enough to convince you. If it's not, the clubs, shopping, sports, and nightlife are also unique and fun.



BARCELONA, SPAIN

The crystal-clear waters of Barcelona, unique art, music, shopping, and food make this a Spanish paradise. With sweet people and gorgeous landscapes, Barcelona is also known for its astounding one-of-a-kind architecture.

HONOLULU, OAHU

The Hawaiian island of Oahu consists of tropical flowers, luaus, hula dancers, and beautiful beaches. Honolulu is the capital of Hawaii and with a mix of city and sea, there is something for everyone to discover and enjoy. Hawaii is a place where you can slow down and truly enjoy taking a Spring Break from life.

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Greek Life

10 ways to your perfect mix

party ideas for that next greek social event

By Jessica Goodman

College students have a full schedule with all-nighter exams and an endless amount of term papers and homework assignments. That's why Greeks like to spend their free time having a little fun. With so much going on it might seem nearly impossible to get a chance to relax, but that's what college is for – learning to balance life and tackle what's important head on. It's a major reason many continue to rush sororities and fraternities – creating a lifelong bond with people while having fun at the same time.

One of the most exciting parts about being in a sorority or fraternity is the parties. In fact, mixers are one of the biggest traditions in the Greek system. A mixer is a party between one sorority and one fraternity – a chance to mingle and hang out. Below is a list of 10 theme ideas to consider when hosting a mixer in the near future.

1. MAI TIE

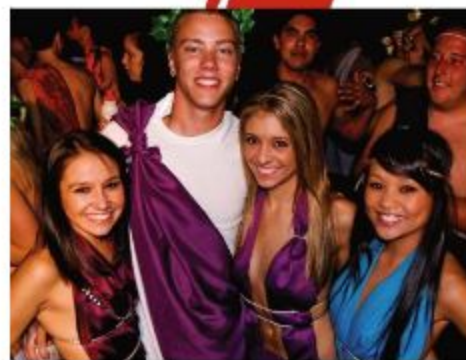
Traditionally, a guy brings two matching ties to this mixer. They can be insanely crazy or just plain and simple. The guy wears the tie and leaves the matching one outside where the mixer is being held. The girl picks up the tie and whoever the tie belongs to is her date for the night. Other fraternities and sororities do it a little differently. Men buy the two ties and give it to someone they want to take to the party. It's like an invitation and less nerve-wracking.

2. TOGA

It is always fun to go back in time and pay tribute to the ancient Greeks that established the letters today's college Greeks are proud to wear. People can get really creative when making togas by either wearing a cute white dress with gladiator shoes or using bed sheets.

3. WHITE PARTY

This particular theme idea is very simple – wear white head-to-toe with no colors showing. For some, wearing that much white might seem crazy since it gets dirty so easily, but it isn't too hard to pull off.



White Party Photos
by Adam Davis

Toga Party Photo
by Pierce Larick
www.NewRevolutionPhotography.com

Want to see your party photos in Cliq?
Email us: info@CliqMagazine.com

4. G.I. JOES AND ARMY HOES

This theme pays tribute to all the men and women serving overseas by dressing up in camouflage and olive green outfits. It's also a chance for people to relive their childhood if they played with G.I. Joe action figures.

5. GRAFITI PARTY

No, this is not a gathering where Greeks go to an empty room and graffiti the white walls. At this mixer, people walk in wearing white shirts and leave with colorful shirts. Everyone has a pen with different colors and writes on other people's shirts. They write inside jokes, honest comments, or special sayings. Anything can happen when other people are in charge of how your artistic apparel comes out.

6. HEAVEN AND HELL

Simply, the theme is angels vs. devils. Guests come dressed up in either red horned outfits or style out the halo. It's a lot of fun because it helps you see how people think of themselves. Besides, what is hotter than a devil?!

7. SEVEN DEADLY SINS

Pride, envy, gluttony, lust, anger, greed, and sloth are all the seven deadly sins – the things that make us challenge ourselves to become better people. People dress up as the sin they find a connection to. You can dress in dark colors to represent anger or wear money signs to represent greed. Whatever you choose, it's a chance to be emo for just a little bit of time.

8. ABC (ANYTHING BUT CLOTHES)

It might sound scandalous, but the idea of this theme is to have people come dressed up in anything other than clothes. People wear garbage bags, caution tape, picnic tables, and more. It is fun, exciting, and of course creative. You never know what ideas people will come up with!

9. COPS AND ROBERS

People pick partners and get handcuffed for the night so wherever one goes, the other follows. Boys can come as robbers by wearing black clothing and ski caps. Girls can choose to come in cop costumes. The roles can also be reversed. It's definitely a good way to tell others you are (or aren't) the boss.

10. PAJAMA PARTY

Everyone comes to the mixer event in their pajamas. It makes going home a whole lot easier as you can just jump into bed and not worry about what you are wearing. It's also a great way to bring people together for a good time.

Paradiso Power



By Kristina Blake

Paradiso Girls prove that not all girl groups are the same. All the girls hail from different countries – Aria from France, Chelsea from the United States, Kelly from Barbados, Lauren from England, and Shar from the Philippines. In addition, there is no lead singer. Instead, three lead singers, a rapper, and a DJ comprise this quintet. The girls' diverse cultures, personalities, and talents are apparent in their music, which is a mix of pop, rock, R&B, and hip-hop. Group member Lauren Bennett took some time during her tour break to fill *Cliq* in on the latest with the group.

Cliq Magazine: What has Paradiso Girls been up to lately?

Lauren Bennett of Paradiso Girls: We've just been on a two-month tour with LMFAO, Shwayze, Far East Movement, and Space Cowboy. We toured around the U.S., which was really good and we're having a break right now, waiting to get back to work.

CM: Is it nice to have some time off after a long tour?

PG: It was so nice! I went back to England to see my family. I haven't been back for like a year,



so it was really nice to have a little break. We've been working really hard. We've been touring around for at least five months.

CM: Does the group often get compared to other girl groups out there? How is Paradiso Girls different?

PG: Of course we're going to get compared to the other girl groups like the Spice Girls and the Pussycat Dolls, any group with more than three or four members, especially because we all look kind of different. I think what makes us unique is that we're all from different parts of the world and our music is more tongue-in-cheek...a little bit outspoken as well. Visually, we all have something different. We have three vocalists and we have a DJ and a rapper as well. There are not many groups that have done that before.

CM: What is it like being in a group consisting of members from different countries?

PG: We didn't actually mean for it to be like that. They found Aria in a show called "Crazy Horse," which is like a cabaret show in Paris and then they came to London and they started auditioning girls. They wanted a European group at first. They auditioned like 500 girls. It just so happened that the girls that were chosen – I'm British, we have a girl from Barbados, and a girl from the Philippines – and they just happen to be the girls that were chosen. Not because of where they are from, but because we work so well together. And then we came over to L.A. and we found Chelsea and she's the only American in the group. She just walked into our rehearsal one day and she just fit right in. We came together kind of naturally and it just really works with us.

CM: Do you think being from different countries will help build a worldwide fan base?

PG: I'm sure it's an advantage for us to have different ethnicities because there's somebody for everybody...I think that's an advantage for us.

CM: How did you like working with Lil' Jon and Eve for your debut single "Patron Tequila"?

PG: They were so nice! Eve was really, really nice to us girls. She looks amazing in person. Lil' Jon was great, too. He was a lot of fun. He was making us do shots of Patron on set. It was such a good experience to work with them and I'm so glad that they were nice people. It was great!

CM: The group also appeared in Space Cowboy's music video for his song "Falling Down." What was it like working with him?

PG: Great! I've known Space for I guess two years now. We recorded some music together a long time ago when the group was first together...He's always around events that we're at. It just makes sense that we would be on tour together and do collaborations with him. He's like on the same label with us; he's part of the family.

CM: How would you describe your debut album *Crazy Horse*?

PG: It's a pop album, but we have a lot of different sounds in there as well. We have some electro kind of sound, we have straight pop, and obviously "Patron Tequila" is more an urban sound. We have that in there as well. So it's like a lot of different kinds of stuff. We've been working on the album for a really long time and we can't wait for it to come out. Hopefully it's going to be in the next couple of months.

CM: What does the group do for fun when you're not doing music?



PG: We all have our different interests. Aria's really into yoga and she's really a healthy person. She eats well and she's like a health freak. Kelly's a DJ and she's really into fashion. Chelsea's like the bubbly kind of girl. She likes to bake cupcakes and stuff like that. I like to paint and I do photography as well. Shar's just an incredible dancer. She has a child actually and she's married. She has a little girl and so

she spends a lot of her time talking to them. When she's not with them she's always on Skype talking to her family when we're on the road. So we all have different kinds of interests, but we get along great as well. We have fun together. Sometimes we go out to dinner together or we'll go to the movies.

CM: What does 2010 have in store for Paradiso Girls?

PG: First of all, we want to get our album released and have a second single as well. We might look at doing a TV show, which should be interesting. We've been having some meetings about that. We'll probably do some more performances. We're going to go to Canada. So just keep working and getting ready for our album.

CM: If you could say anything to your fans, what would you say?

PG: From all of us, I would like to say thank you to everybody – everybody that's supporting us, the people that have been buying our music. Go on our website www.ParadisoGirls.com and iTunes if you haven't done so already.

GADGETS AND GIZMOS APLENTY!

By Orion Radleigh

The year 2010 has been hailed as the one in which we would see flying cars and we're still holding our breath. We may not be able to fly just yet, however, there are some remarkable innovations when it comes to gadgets and accessories associated with your fave mobile, gaming, and musical devices. Check out our Cliq tested, totally recommended list of faves.

Welcome to the **solBAT**. No, it's not a sun powered flying critter, but "sol" does speak to its sun powering abilities. Scosche Industries, an award-winning innovator of iPod and iPhone accessories, announces the availability of its solBAT II, a solar powered charger and battery backup. The solBAT II works with almost any handheld device that can be charged via a USB cable and features a simple two light indicator that lets users know when the solBAT II it is charging from the sun or a USB cable, and when it is passing that stored energy to a handheld like a Blackberry, iPhone, iPod, or PSP. It's just as fast as a wall charger and with its windshield mount and a universal carabineer mount, it makes it easy to soak up the sun's clean energy. At \$29.99 it's a bit more expensive than your normal charger, but think about the possibilities when you are out and about. Visit www.scosche.com to read more and purchase online.

Tired of crappy little ear buds that don't fit right? Perhaps you should leap into **iFrogz**. (Get it?) iFrogz CS40's headphones offer terrific sound quality and the lightweight rubber caps offer all the comfort one needs to get through a study session or simply drift off to sleep. The sleek, slightly retro looking CS40's are available in five colors and are a bargain at less than \$40. Visit www.ifrogz.com to get a hold of a pair or to check out other fun iPod accessories.

The **idox Traveler Series** is brilliantly simple. Its goal? To keep your iPod Nano, iPod Touch, or iPhone stationary and upright to more easily enjoy videos, websites, photos, podcasts and more. Perfect in any environment, idox is tiny and clings on lightly to your device, offering to keep your hands free while you view the screen while in a comfortable position. Naked in its simplicity, there is no cord to get in the way and no extra weight from a battery or other



electronic components. Even without its use as an optimum viewing component, the idox can be snapped shut for full protection of your device so you can toss it and go. Ranging from \$25-\$35 buckaroos a little protection and a whole lotta viewing is worth it. Visit www.idox360.com for more info and to purchase online.

Like the idox, **MusicSkins** are simple, but they are one small step in the direction of style and protection for your device. Fully removable, the vinyl skins apply like a sticker to your iPod, cell phone, laptop, gaming device, and more. Choose from their rock, rap, pop, R&B, reggae, country, fashion, models, art, charity, and even Obama categories and wrap your device in something that represents you. Laminate makes sure that the MusicSkin of your choice not only stays put for years but protects your device too. Best, if you've purchased a skin from another company in the past and are unsatisfied, they will offer 50% off of your MusicSkins purchase. For around \$15 at regular price, it pays to discard your old skin and replace it with a MusicSkin. Visit www.music-skin.com for more info and to purchase online.

Enter the **Mix boombox**. Boasting "enviable style and epic sound," the Mix for iPhone and iPod is the ultimate way to play tunes. The Mix rocks specially engineered tweeters and mid-range drivers with a XdB bass-enhanced 5.25" side-firing subwoofer. Together this means thunderous bass with ultimate clarity. Three different sound sources make sure you have ultimate song selection. Interference free, you won't get that crazy annoying buzzing from mobile phones; The Mix is simply immune. And with a dock for iPods and iPhones, it charges while it plays. Its small remote is also great when surfing about the party. The one downside is the price. At just less than \$300 big ones, this is an investment. However, the return is in the look on that hottie's face when she starts shaking to her favorite song courtesy of your supreme speakers. Visit www.alteclansing.com for more info and to purchase online.





BOUND UP IN AUDRINA

By Kristen Fogle

Audrina Patridge is sitting practically nude across from me in my kitchen. She is looking hotter than I ever will, and I gotta say, I'm a little jealous of the 24-year old sex pot.

Granted she's in my kitchen because Maxim is in my kitchen and I'm looking at her spread searching for reasons to hate

this girl. Yes, I mean, she is going on our magazine cover, but you can't help but get mad at looks like that.

Basically, what it comes down to though, is that you can't get mad at her bubbly, relatable self, as evidenced when she took time out to speak to Cliq. What follows is a look at Audrina that didn't



Photography by
Tyler Parker
www.tylerwilliamparker.com

Stylist
Jessica and Kelly
www.jessicaandkelly.com

Makeup
Kelsey Deenihan for Shu
Uemura and Exclusive Artists

Hair
Lucie Doughty for Paul Mitchell

derive from Perez or any of the gossip mags. Patridge took time to open up about her newest stint on *The Hills*, her new show, and, gulp, Franken-Heidi's infamous procedures.

Cliq Magazine: If you couldn't be in the entertainment industry anymore, what would you be doing?

Audrina Patridge: I have always wanted to study Psychology – to learn what prompts specific behavior and explore theories about why people are the way they are. I think it'd be fascinating to be a therapist, or even a life coach... I am also a HUGE music fan, and I love going to see indie bands play. I think I would be a great A&R executive at a music label – discovering new talent etc...



CM: I could see that. But since you are in the entertainment business, we're dying to know, what can we expect from the new season of *The Hills*?

AP: This season is going to be very interesting! I can tell you that a lot of the angst and drama between me and Kristin Cavallari will be resolved. There may be a new love interest on the horizon for me, too! Obviously Heidi and Spencer have had some dramatic changes recently, so you will see them dealing with the aftermath. You'll see Brody as a single guy. (Watch out ladies!)

CM: Exciting! And what about the Audrina Patridge show we've heard is in the mix? What will we see? Afraid fans might have Audrina overload?

AP: My new show (which hasn't yet been titled, but I can promise it won't be called *The Audrina Patridge Show*) definitely won't air at the same time as *The Hills*. We shot the pilot episode just before the winter holiday and I'm excited to see how it turned out! You'll get to see a lot more of my family – you'll meet my brother Mark, my little sister Samantha, and both of my parents. You'll definitely see a bit more of my life – including the chaos of Hollywood. I hope that fans won't have an "Audrina

overload" – especially because there are a few months of downtime between the end of Season 5 and the start of Season 6 of *The Hills*.

CM: Last talk of *The Hills*, I swear...There's been a lot of controversy surrounding Heidi's surgeries. Do you think that surgery is necessary in Hollywood?

AP: I think that everyone is entitled to do what they want to do with their body. If surgery gives someone a newfound confidence, then I support them in that decision. I don't think Hollywood mandates surgery anymore than other major metropolitan areas do. I mean look at Orange County, look at Scottsdale, look at Miami! People in all of those cities are going under the knife.

CM: I agree. To shift a bit, St. Patrick's Day is coming up. Do you generally celebrate? What will you be doing?

AP: I love St. Patrick's Day! I remember being a kid and really worrying about wearing green so that I wouldn't get pinched at school! Now, it's just a fun excuse to hang out with some good friends and have a few beers. There is a great Irish pub in LA that we like to go to – they have world famous Irish coffees!!!

CM: Sounds like fun, but be careful! And speaking of being cautious, since *Cliq* caters to college students, what advice can you give to those that aspire to act or model? What's a good first step?

AP: I always encourage people to pursue their dreams. If you are currently enrolled in school, get as much training and practice as you can by taking theatre classes. Take advantage of the amazing teachers and coaches available to you. If you can try out for a school production, do it! I am definitely working with an acting coach on a regular basis to improve my skills. If you want to seek representation, just make sure you aren't paying anyone! There are a lot of scams out there, but real representatives won't charge you to "get your foot in the door." Also, a lot of people get overly made up for their first headshots. The truth is, you should be as natural as possible and just wear something really simple and basic like a black t-shirt and jeans.



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“HOW TO” COLLEGE SURVIVAL GUIDE



How To...Make Your Own Fanny Pack

By Michelle Nelson

Fanny pack flashbacks conjure up images of joggers in spandex short shorts, tourists, and of course the '80s, when fanny packs were totally awesome. Sure, you might get laughed at if you tried to rock one now, but if ankle boots and leggings can make a comeback, why can't fanny packs? No longer do fanny packs have to look like a belt snake ingesting its prey; a fanny pack can be stylish and liberating. With your arms free of carrying your necessities, you can now wave them around on the dance floor when you bring sexy back with your handmade fanny pack. What you'll need are:

Pins | Sewing Kit | Scissors | Fabric Carabineers | Velcro | Iron

- Pin two pieces of 10 x 7 1/2 inch of fabric together along the edges, leaving the top open for the flap.
- Sew the two pieces together along the edges and bottom. Leave two 2 inch openings along the sides for the belt.
- Cut an 8 x 3 inch piece of fabric for the flap of the fanny pack. Secure to the back inside top piece of the bag with pins and iron. Sew ironed flap piece to the back inside top piece of the fanny pack.
- Use a belt that you already have, or make your own belt with fabric. To make your own belt, cut two pieces of fabric long enough to wrap around your waist. Hem the outside edges of the belt.

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- Cut the Velcro into four 2 inch strips. Place two Velcro strips on both ends of the fabric belt, side by side. Fold the Velcroed ends of the belt over to make a loop. Attach a carabineer on both ends before connecting the Velcro.
- Put the belt through the 2 inch openings on the sides of the fanny pack.
- Now you are ready to rock your fanny pack. If you can't sew, just glue a pouch to a belt and voila! There you have a readymade fanny pack. (Not recommended for traveling or jogging.) For more information on how to make your own fanny pack visit www.craftster.org

How To...Quit a Job the Right Way

By Nicole Vollert

Quitting a job is never easy, but here are a few tips for leaving on a good note.

Whether you have a new, incredible job offer or you're sick of a cranky, demanding boss, it's important to quit your job the right way and maintain professional conduct. You will likely need positive references from past employers for the future. With that in mind, let your supervisor be the first to know of your plans to quit. If your colleague, Miss Big Mouth, spills the beans and tells your supervisor, then that

could sour your sweet exit. Most importantly, give a two-week notice (at least) when quitting a job. Put your resignation in writing and include all the specifics your current employer needs to know. As the two weeks come to a close, maintain your responsibilities and finish strong. Your last day is the last chance you have to leave on a high note and show them what they'll be missing. Before you know it, your boss will be grubbing on Ben & Jerry's Chunky Monkey ice

cream and sobbing her eyes out wishing she never took your hard work for granted. If you're leaving an office job, maintain well-organized files to keep former co-workers from calling you to find a certain paper or form. Assuming that you have to train a replacement, do a dazzling job that will further add to your credit. Lastly, refrain from pulling a "Clinton" and don't take anything that doesn't belong to you...not even that nifty stapler.

How To...Just Be Friends With Fraternity Boys

By Jessica Goodman

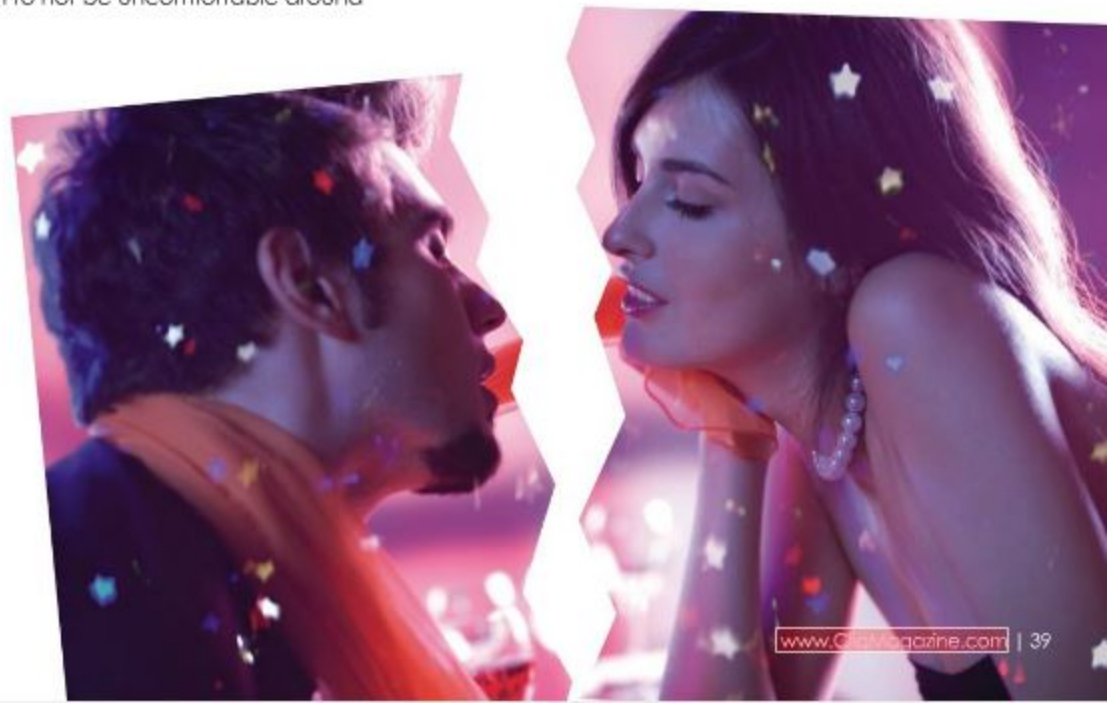
Fraternity boys have a reputation of getting wasted 24/7, hooking up with dozens of girls, and skipping school as much as possible to get over the previous nights' activities. So why would any sorority girl want to be a part of that? Like anyone would say, it depends on the fraternity and the connection one makes with them. Within my own sorority, everyone is divided up and hangs out with different fraternities. For example, I am really close with the Sigma Chi Fraternity at my school because they think the same way as I do, they have taught me a lot about myself, and they see me as more than a piece of meat.

It doesn't happen at the snap of your fingers. There are a few things that fraternity boys look for in their friendships – you must show up around the fraternity house or at parties as much as possible so you start becoming a familiar face, know how to respect yourself enough to not be uncomfortable around

them, be willing to play Super Mario Brothers as much as possible, and understand their lifestyle.

I honestly never thought I would ever get so close to a group of guys...especially a whole fraternity of them. Some would say I am closer to them than my own sisters at times. The one thing that has really helped me become a stronger person is the fact that they might know every dramatic situation involving me, but they leave it at the door and act like nothing has happened. The code of boys.

Being friends with a fraternity can happen if you respect yourself enough to accept others and the way they choose to live. Boys will be boys, but no matter what, like anyone else they are human beings who will always have your back.



OFFICIAL RULES of VIKING



By Orion Radleigh

Each issue Cliq brings you the official rules of some of your favorite (and a few unheard of) drinking games. This month, we found a game we weren't too familiar with but thought was silly and fun nonetheless. As always though, Cliq is not responsible for hangovers and hookups that may occur as a result of playing these and other drinking games. Happy pillaging!

1. The Villagers (all those playing) pick a Viking (male or female). This can be done by any means. Sometimes the Viking can be the winner of the last drinking game played. Another option is to formulate an embarrassing way to decide. Get creative.

2. The Maidens (male or female) each write a Method of Torture on a napkin and pass it to the left. (Methods of Torture include pinching, biting, kicking, yelling, etc.)

3. The Viking takes his shirt off (females can reject this) and puts on a Viking helmet.

4. The Viking closes his eyes and spins with his/her hand pointed until he/she comes across a beautiful Maiden.

5. The Viking is given a goblet of beer (usually fun if decorated). If a goblet is not available, generally a tall can is acceptable.

6. The Viking throws the maiden over his/her shoulder and yells, "DIVIDE AND CONQUER!"

7. The Viking has 20 seconds to drink his/her goblet of beer without spilling a drop. The Maiden can use his/her method of torture during this time to disable the Viking's drinking ability.

8. If the Viking spills a drop, the Spotter or Village Idiot must be on hand to pour more beer in the goblet during the 20 second period.

9. If the Viking cannot complete the task of drinking the beer from the goblet in 20 seconds, he/she is punished. Punishment can be determined by the villagers and should be cruel and unusual.

10. In the event that the Viking is a small person and the Maiden is large, there can be two "phone a friend" options per game. This means the Viking can get a friend to help support the large Maiden. However, the Maiden can torture both parties. This option should only be used when absolutely necessary; when the "phone a friend" options are gone, they are gone.



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