

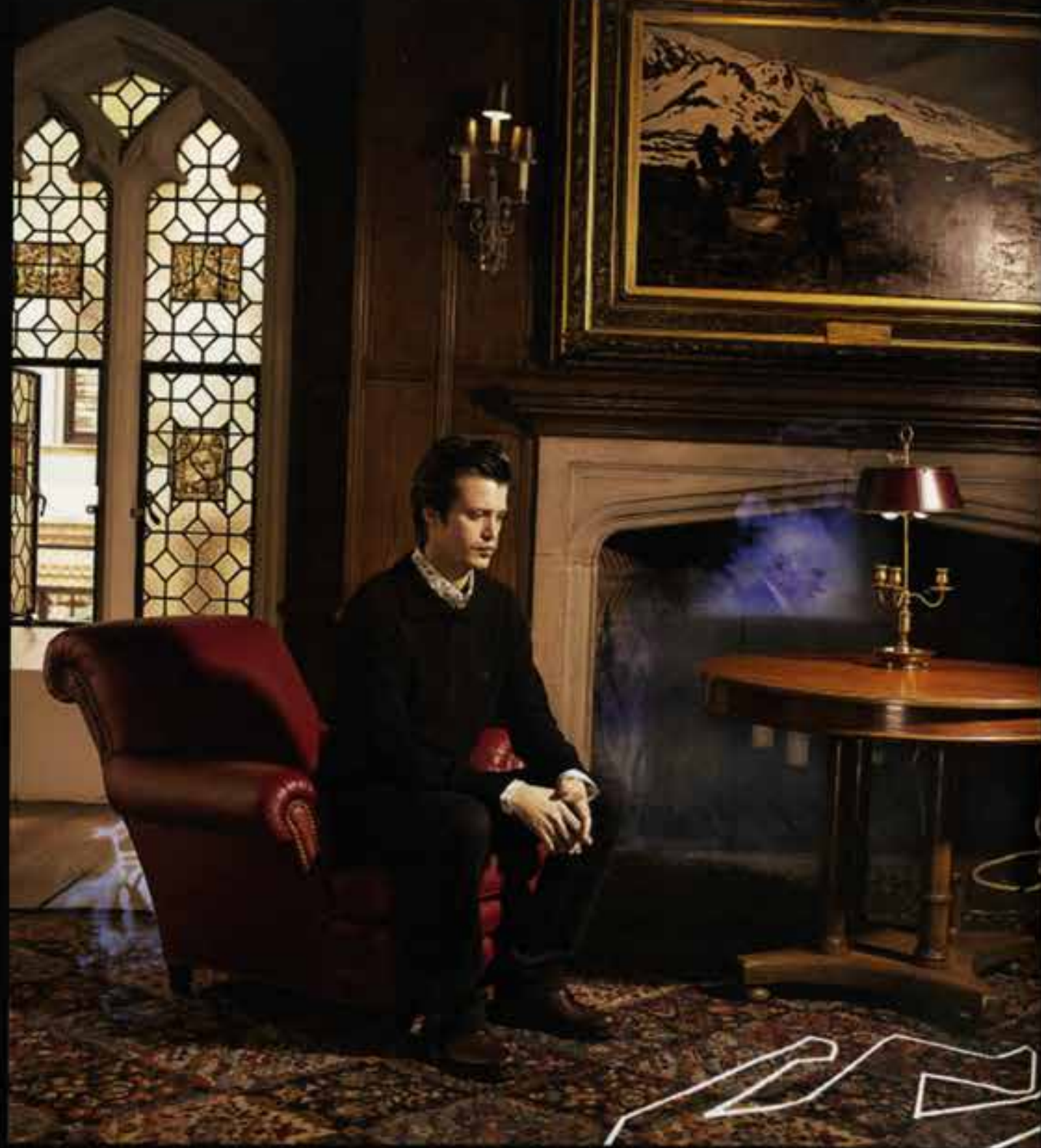
# warming

los angeles



deal or no deal





- the gardener -



- an innkeeper -



- the tinsie -



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By Christian Audigier

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### contents

Los Angeles  
Dec 06

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Anya and Katie from the hit show DEAL OR NO DEAL on NBC

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KT TATARA



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GASOLINE  
GLAMOUR



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P39





Ah, alas, with the end of the quarter starts the beginning of the holiday season.

For many, winter evokes visions of sleigh bells, snowflakes, and celebration (and of course, a well needed break). However, for some (myself included,) it can also be a time of horrid holiday-induced stress.

With the third Los Angeles edition of Warning, we bring you both a well needed dose of entertainment to distract, as well as several seasonally inspired articles in preparation. Be sure to check out **page 22** for tips to avoiding holiday anxiety, **page 28** which focuses on the "to-do's" of holiday budgeting, and our food section, which dishes on how to cut those troublesome calories from seasonal feasting (**page 25**).

In entertainment, we bring you the best as well. Don't miss our cover story, featuring Anya and Katie of *Deal or No Deal*. Additionally, we have some great music articles- flip to **page 32** for a look at Lee Burridge and **page 33** for an interview with talented reggae music star Elan.

And as always, for the best in the neighborhood- check out our dining, retail, pamper, and bar guides in the back of the issue. For day-by-day distractions, refer to drink specials and live events on **page 43**.

All in all, though the winter holidays can be hectic and even downright hellish at times, take time to relax and rejuvenate yourself- and enjoy everything the season can bring.

Seasons Greetings,

Kristen Fogle  
Regional Editor

## Reader Comments

**Dear Warning Magazine,**

How can a place of business go about getting on your distribution list?

Any place of business interested in being a point of distribution should contact our office at (310) 860-9969.

**-Warning Magazine**

**Dear Warning Magazine,**

I am a local model and am curious to know how I can apply to be your feature model for Los Angeles. Thanks!

**-Heather**

**Dear Heather,**

Models interested in being featured in our magazine should send an email to [newface@uberwarning.com](mailto:newface@uberwarning.com) containing contact information, stats, and two pictures.

We encourage local models to apply!

**-Warning Magazine**

**Dear Warning Magazine,**

How do you go about choosing your local celebrities?

Can readers recommend someone they think is noteworthy?

**-Joe K.**

**Dear Joe,**

We have no specific format to choosing our notables in the community. This can be anyone note worthy- a local business owner, bartender, musician, waiter/waitress, athlete, teacher or professor, volunteer, policeman, etc. We try to choose people we feel readers will be interested in getting to know. We certainly take recommendations from the public, so if you have someone in mind- email your ideas to the Regional Editor at [kristen@warningmagazine.com](mailto:kristen@warningmagazine.com)!

**-Warning Magazine**

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LA LELOUNGE Winter Party Presents...  
Warning Magazine December Issue Release Party

# So Cold Its Hot

Friar's Club of Beverly Hills  
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Friday, December 8, 2006 at 9:00 pm



fashion shows by  
Sterling Williams, Flora Lingua and Sidaka Kaye

Bring an unwrapped toy  
for the Christmas Store  
Toy Drive!



## UCLA BARFLYS, TELL US.....

### CAMPUS VIBE

1. What are you doing to prepare for finals?
2. What are your holiday plans?
3. Have you had any embarrassing moments at a family or business holiday gathering?
4. Do you consider yourself more of a giver or receiver?
5. Do you follow the traditional midnight New Years kiss? If so who's your dream kiss?



1. Nothing yet.
2. I'm married so we're going to Seattle and Minneapolis to visit our families.
3. No.
4. I'd like to think I'm a giver, but I do love to receive.
5. Yes, my wife Kelli.



1. Well, I started studying and run three miles everyday to clear my mind.
2. Volunteering in Tiajuana, Mexico. My mother builds schools there.
3. Mom cooked meat for guests and they ended up being vegetarian.
4. Giver. And yes, I started shopping.
5. I haven't, but James Franco.



1. Just staying in; not going out.
2. Spending time with my gal.
3. No.
4. Giver.
5. Yes, my girlfriend, Sophia.



1. I work out as much as I can to eliminate stress and then hit the library.
2. I am going to Aruba with my family.
3. After eating Italian spicy food, I shat my pants.
4. I'm a receiver, but I did get my dad some gifts already- glasses and posters.
5. Yes, Jessica Alba.



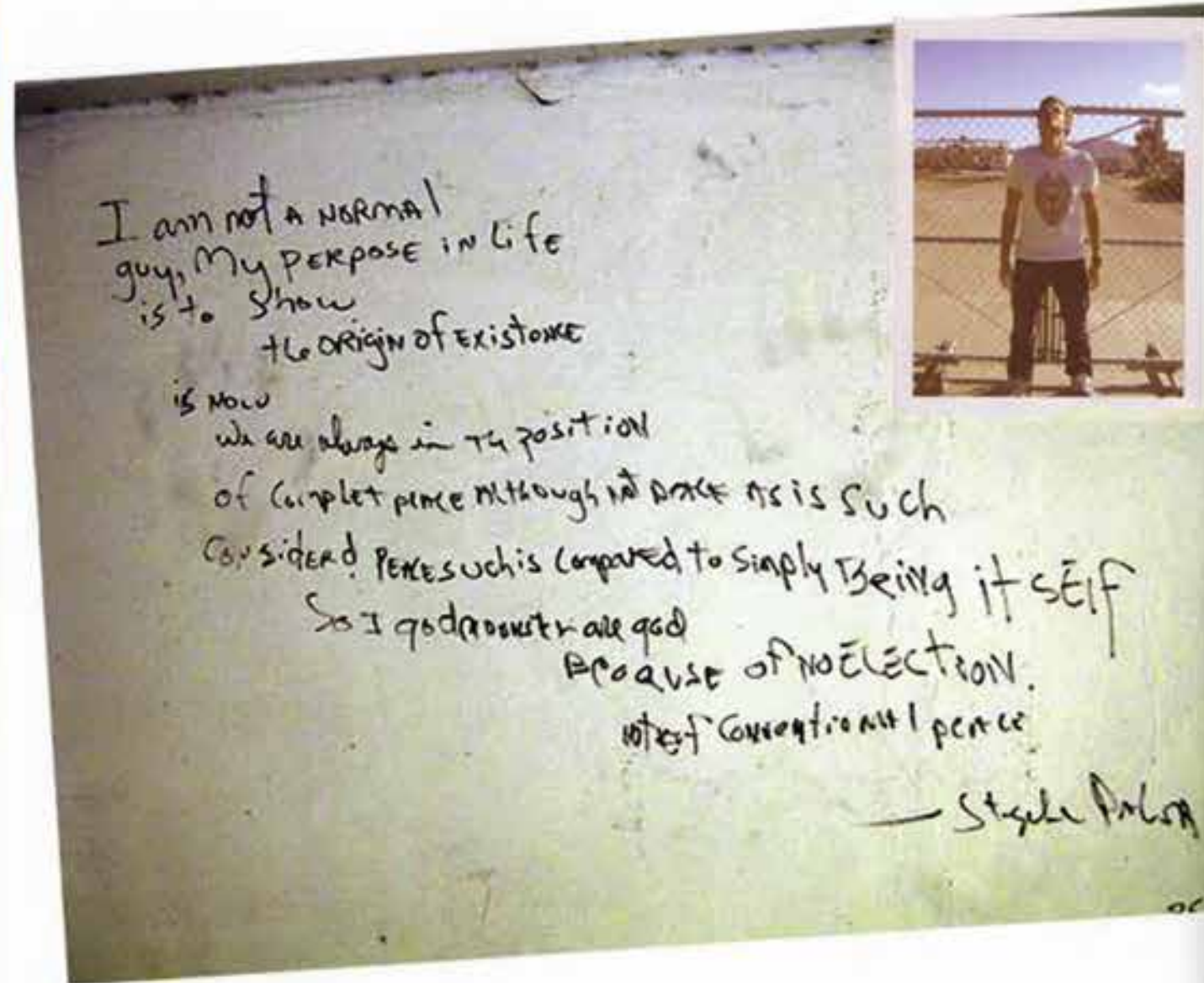
1. I just finished mid terms today so not yet.
2. Being home in Huntington Beach.
3. I was Tivo-ing "Love Actually" then it suddenly turned on to the sex scene...oops!
4. I don't give or receive gifts- not festive.
5. No, but it would be Jack Johnson.

### Winter Quarter 2007

Quarter begins  
Instruction begins  
Martin Luther King, Jr. holiday  
Study List deadline  
Presidents' Day holiday  
Instruction ends  
Common final exams  
Final examinations  
Quarter ends

Wednesday, January 3  
Monday, January 8  
Monday, January 15  
Friday, January 19  
Monday, February 19  
Friday, March 16  
Saturday-Sunday, March 17-18  
Monday-Friday, March 19-23  
Friday, March 23





### Fraternity Profile

Name: Sigma Pi  
Colors: Black and gold  
Flower: Red clover  
Members: ~70  
International membership: 85,000



## Sigma Pi

Nationally, Sigma Pi was founded **February 26, 1897** and was originally named the Tau Phi Delta society. At UCLA, Sigma Pi was the second chapter to be established in California and is the oldest fraternity on campus. The Upsilon chapter was formed in **1923** when UCLA was called the Southern Branch of the University of California. Over **80 years** later, as one of the largest fraternities at UCLA, Sigma Pi is still making strides on campus.

Last quarter they had the **second highest GPA of the 18 fraternities**, made it to the football finals, and won the Intramural and Interfraternity softball championships two out of the last three years. Sigma Pi's have many notable alumni, many who were undergraduate lettermen and participants in track and field, baseball, football, and recent champions of NCAA Volleyball. The men of Sigma Pi strive to live by their motto which reads: *"Progress, man's distinctive mark alone, not God's, and not the beasts; God is, they are. Man partly is and wholly hopes to be."*

## STUDENT ORGANIZATIONS

### Sorority Profile

Name: Gamma Phi Beta  
Symbol: Crescent Moon  
House Colors: Pink and white  
National Colors: Brown and Mauve  
Flower: Pink Carnation  
Creed: Love, Labor, Learning, Loyalty  
Open Motto: "Founded upon a rock"



## Gamma Phi Beta

The Gamma Phi Beta sorority was founded in **1874**, making it not only one of the oldest sororities, but actually... a fraternity. *"We were founded so long ago that the term sorority wasn't even coined yet,"* a UCLA Gamma Phi says. Since commencing, Gamma Phi boasts **116 chapters** with over **150,000 members** and has even spread internationally. At UCLA, Gamma Phi was the first house on Greek Row, since the architect's wife was an alumna of the sorority. Additionally, the house is situated in the best location on Hilgard. It is also the only house that wasn't converted; Gamma Phi's boast that their house was made specifically to be a sorority house.

Outside of the house, the **85 members** of G-Phi are involved in a wide range of activities, including UNICAMP, Dance Marathon, SAA, Spring Sing, Mocktrial, and University Orientation. They also participate in many different philanthropies- including their own, The Mr. Gamma Phi Pageant. The girls attest that the event is fun-filled and for a great cause; essentially, fraternity members compete to win the title and to raise money for the girls' local philanthropy, Camp Laurel.

(The camp is for children affected by or infected with AIDS.) Gamma Phi Beta will be holding recruitment the first week of the winter quarter at their house.

To register, go to [www.npcbruins.com](http://www.npcbruins.com).



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## UCLA Bruins

### Recruiting Game

by Kara Schmidt

The dynamics that make up a team are what lead them to victory. Coaching style, hard work, and discipline all account for the number of wins and losses, but the athletes themselves are the key component to having a successful season.

Many would be surprised to know there is an incredible amount of hard work that goes into the game off the court and field: the recruiting game.

Not only are the coaches, athletic department staff, and athletes hoping for the year's cream of the crop in rising students; most importantly they are looking for teammates.

When it comes to California, most would think anyone in their right mind would want to wake up everyday to palm trees, the beach, and 70° weather. Beautiful people, great food and culture, along with a good academic reputation also tend to help. But when you're 18 and being recruited from anywhere across the country, the thought of leaving the comfort of your own home is hard.

Recently the 2006-2007 UCLA Bruins Track and Field team was ranked #1 as the USA Today High School All-American Recruiting class in the nation.

Head Coach Art Venegas said, "It's an honor that reflects on my staff and their tireless devotion to bringing the finest student-athletes to our campus."

Venegas hopes this will be the comeback year to qualify for the National Championships since their 26-year hiatus. Youth will be a driving force to the team, but because of their successes with recruiting the best, 2007 will be exciting year full of surprises.

## LOCAL SPORTS



## UCLA Sports Schedule

Saturday December 02, 2006  
UCLA Football  
Home Games vs. USC  
Rose Bowl Stadium

Sunday December 03, 2006  
Men's Basketball  
Home Games vs. UC Riverside  
Pauley Pavilion Arena

Tuesday December 05, 2006  
Men's Basketball  
Home Games vs. Fullerton  
Pauley Pavilion Arena

Saturday December 16, 2006  
Men's Basketball  
Home Games vs. Oakland  
Pauley Pavilion Arena

Sunday December 17, 2006  
Women's Basketball  
Home Games vs. Baylor  
Pauley Pavilion Arena

Tuesday December 19, 2006  
Men's Basketball  
Home Games vs. Sam Houston State  
Pauley Pavilion Arena

Wednesday December 20, 2006  
Women's Basketball  
Home Games vs. UC Berkeley  
Pauley Pavilion Arena

Friday December 22, 2006  
Women's Basketball  
Home Games vs. Stanford  
Pauley Pavilion Arena

Saturday December 23, 2006  
Men's Basketball  
Home Games vs. Michigan  
Pauley Pavilion Arena

Thursday December 28, 2006  
Men's Basketball  
Home Games vs. Washington State  
Pauley Pavilion Arena

Sunday December 31, 2006  
Men's Basketball  
Home Games vs. Washington  
Pauley Pavilion Arena

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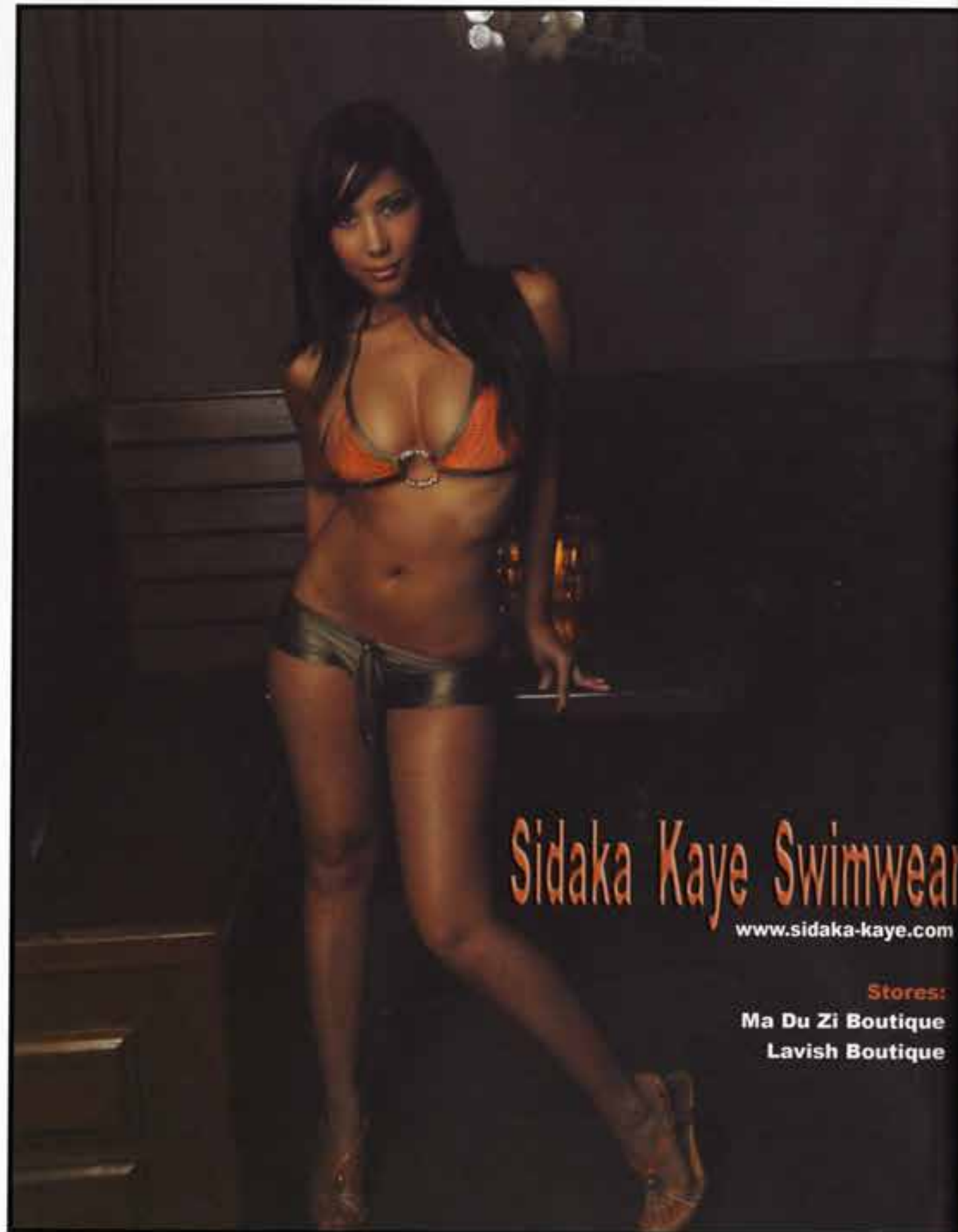
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LOCAL CELEBRITY



When you visit KT Tatara's website, you know he is a wanted man. Scrolling text proclaims that 22 people in the Morgantown, West Virginia area want him, 21 people from the San Francisco metro area want him, 12 people from Pittsburgh, PA, etc.

However modest (and humorous) that may be, the demand for KT's stand-up is on the rise. Over the years, with various gigs and even a Comedy Central Show under his belt, KT has been making his mark with his self-deprecating cracks and sometimes callous quips—all to the delight of his growing fan base.

Up-and-coming comic KT Tatara takes a minute to catch up with Warning and give us the scoop—from his favorite comedians, to what a Poonsensel really is...

I've seen you perform at Westwood Brew Co. and host/perform at Laugh Factory. Where else have you performed?

Lots of good comics come through there (Westwood Brew Co). Dave Cook has showed in, Bobby Lee from Mad TV, people from shows—they'll stop by and try out new stuff. It's not a higher pressure situation, whereas you can't do that at say Laugh Factory on a Saturday night. I've performed all over the country—probably in like 45 states. Here in the LA area I've also performed at the Hollywood Improv, the Joe House in Pasadena, all over Orange County.

Which venue is your favorite?

Whenever one I'm at that night. They're all good, with different set-ups and all have pros and cons. The cool thing about stand-up is that everything is different every night. It's what you make of it.

You were one of the youngest semi-finalists in the 2003 Comedy Central Laugh Rites Stand-Up Competition. What was that like? Have you worked with Comedy Central since?

That was pretty cool cuz I'd only done stand-up two and a half to three years and I was pretty young. I had to send in a tape with people all over the country—there were about 1,500-2,000 tapes. At the time I was completely unknown, I had no agent or manager. They picked 80 people and had ten locations with eight comedians on each show. Mine was in Miami. There was one winner (I didn't win) but I still see a couple of guys who were on the show. I also got to meet the Comedy Central talent buyers. It was a good thing. I was showcased for Live at Gotham on Comedy Central. I aired this summer and basically featured five of us young comedians which was cool because it was my first big TV credit. Hopefully it'll lead to one of my goals to get a 1/2 hour special in a couple years.

Did you have any comics that made you want to do stand-up?

Not really. I mean I always liked comedy. I watched it growing up but never thought about doing it till college. Just at that time I figured it was something I liked, then went anybody I really wanted to be like. I feel that in comedy it's good to have people you admire for talent or work ethic, but you can't really copy anyone.

Well are there people you've worked with that you admire?

Well I mean let's see... Jeffrey Ross... I remember seeing him do stand-up on TV like years ago, so it was pretty cool hosting and bawling him onstage at the Hollywood Improv... Dave Attal... Bill Burr... everyone's been really cool though...

I read that you play both trombone and piano and that you actually got your B.A. in Music... What were you planning to do with that?



Trombone got me a scholarship to school. I was a Music Education major but switched to the BA because I wanted to finish the degree and wanted to get to another level playing my instrument, and still be able to do my comedy. People are like 'oh, you don't use your college degree'. It's very similar though, everyone has natural abilities to work on. Playing an instrument—you always have to practice, hear yourself, and evaluate. Similar in comedy— you watch yourself, and critically evaluate to improve yourself in the same way as in music. I think I developed a work ethic in music that I now use in comedy.

So I hear you're on a college tour right now?

I'm not really on a set tour right now. I do 20-30 college shows a year, sometimes I'll do three to four shows a week, or do one and go back. A couple years ago I did a college tour that went to 20 colleges. Basically, when I go on tour, I fly to the city nearby, rent a car, they put me up in a hotel, I drive four to five hours for the show, do my one hour one-man show, rinse and repeat. Lots of traveling but lots of fun seeing the country I guess.

OK, you call yourself the Poonsensel, in fact it's even your website (www.poonsensel.com)—for those who haven't seen your comedy, what does this mean??

First of all I have ktatara.com and poonsensel.com, which just filters into the #1 one. It means 'master of women', like I know everything there is about girls. It's kinda a stereotype that Asian guys can't get girls, and I'm like, hey I can get any girl I want cuz I'm the Poonsensel. It's more of an explanation than a title. It's not like on my CD or business card... It's just a joke.

Well thanks for talking with me. Any last words?

Support live comedy—it's fun. I like doing comedy shows at colleges especially, because there are lots of young comedians out there, not just the old guys talking about being married. It's a fun activity to go out to. And you can't do it unless people are there.





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## THE GOOD GERMAN

December 8, 2006  
George Clooney, Cate Blanchett, Tobey Maguire



In the ruins of post-WWII Berlin, U.S. Army war correspondent Jake Geismar (George Clooney) becomes embroiled with Lena Brandt (Cate Blanchett), a former lover whose missing husband becomes the object of a manhunt by both the American and Russian armies. Intrigue mounts as Jake tries to uncover the secrets Lena may be hiding in her desperation to get herself and her husband out of Berlin. Tully (Tobey Maguire), a soldier in the American army motor pool, is assigned to drive Jake around Berlin. His black market connections may be Lena's way out—or lead them all into even darker territory.

Cinema Review

## THE NATIVITY STORY

December 1, 2006  
Keisha Castle-Hughes, Shohreh Aghdashloo



Focusing on Mary and Joseph's life during the time when they traveled to Bethlehem for the birth of Jesus.

## TENACIOUS D IN THE PICK OF DESTINY

November 24, 2006  
Jack Black, Kyle Gass, Ben Stiller, Colin Hanks



There is no disputing the place of the mighty warrior JB (Jack Black) in the halls of rock legend. "Tenacious D in The Pick of Destiny" follows JB's dramatic evolution from frustrated childhood prodigy in the town of Kickapoo to become the voice of the greatest band on earth. The world will never be the same.

## BLOOD DIAMOND

December 15, 2006  
Leonardo DiCaprio, Djimon Hounsou, Jennifer Connelly



During the civil war and chaos in 1990's Sierra Leone, Danny Archer (Leonardo DiCaprio) – a South African mercenary, and Solomon Vandy (Djimon Hounsou) – a Mende fisherman, become joined in a common quest to recover a rare pink diamond that can transform their lives.

While in prison for smuggling, Archer learns that Solomon – who was taken from his family and forced to work in the diamond fields – has found and hidden the extraordinary rough stone. With the help of Maddy Bowen (Jennifer Connelly), an American journalist whose idealism is tempered by a deepening connection with Archer, the two men embark on a trek through rebel territory, a journey that could save Solomon's family and give Archer the second chance he thought he would never have.



# ASK ERIS



it's HO HO  
**HOME** for the  
holidays

## ASK ERIS

I am really nervous about going home over the holidays because of the food situation. I come from an Italian family and all they do is eat, eat, eat. My mom cooks away in the kitchen day and night and puts a guilt trip on anyone who doesn't go back for second or even third helpings. But my main issue is that I've already gained 10 pounds this summer. I'm nervous that my weight is going to continue to climb. I'm already insecure with my body. I don't even want to eat the fattening food over the holidays. I want to lose weight. What should I do about the holiday food situation?

### Eris Suggests:

Get conscious and be honest with your eating habits. What, when, and why are you eating? Are you eating when you are stressed, watching TV, or studying? How much are you eating? You haven't been gaining weight because you've only been eating three healthy meals a day. Fact is that you have a lot more freedom with food when you go off to school: buffets in the cafeteria, ordering pizza with your study groups, late night munchies after a night on the town. You might be studying more than exercising. And going away to school can trigger a lot of feelings that may cause you to overeat- loneliness, homesickness, anxiety, pressure, stress, and exhaustion. What are the things that are going on in your life? What are the feelings that cause you to eat more and gain weight? That's really the root of why you're gaining weight.

Once you become conscious and honest, take action with your eating habits. Since you've gained weight, I suggest that you don't freak out and go to any extremes such as fad diets or starving yourself. This will only cause you to lower your metabolism. Enjoy your mom's home cooking during the holidays, but don't allow her to guilt you into eating until you explode. Don't over-indulge. Listen to your body. Stop eating when you're full. Pay attention to what you're eating and try not to eat when you feel emotional. Try to exercise as well, but don't over do it. Set goals starting now and into the New Year. Remember: Rome wasn't built in a day.

www.warningmagazine.com

It's that time of year again, and for some of you it's as simple as your ABCs and 123s. For the rest of you it's endless days and all-nighters. It's time for final exams. You've got a triple-shot eggnog latte in one hand and a stack of books in the other.

And then- it's HO HO HOME FOR THE HOLIDAYS. For some of you this trip is exciting. It's sleeping in all day with studies behind you. It's family, friends, and food: maple glazed turkey, sweet potatoes with melted marshmallows on top, buttermilk mashed potatoes with cider gravy, cranberry grape compote, deep dish apple, and pumpkin cake with brown butter icing.

It's picture perfect. It's a Hallmark moment.  
It's happily ever after for the holidays.  
And then for some of you it's  
**"BAH HUMBUG"**

### ASK Eris,

My parents separated and got divorced after I left for college. This is my first holiday home since the big split. Thing is, my parents don't speak and I don't know how I should split up my time. I feel like I'm in the middle of their problems. I feel guilty and torn, and to top it off, I'm an only child. What should I do?

### Eris Suggests:

Statistics show that the divorce rate in the United States is close to 50%. So, even though you're an only child, you're not alone. My parents separated when I was sixteen and divorced my freshman year in college.

Sometimes parents are insensitive to their loved ones feelings about their post-divorce struggles. One of the biggest mistakes that a parent can make is to sabotage your relationship with the other parent.

Sometimes it's difficult to communicate to our parents and set boundaries with them. You shouldn't have to be the adult right now, however you are an adult now. Tell them you feel torn between the two of them and have guilty feelings. Ask them if they can make this experience easier for you. Give yourself the permission to say no. Try to split up the time between your parents before you go home to set up some defined boundaries. Most importantly, be YOU and listen to your inner voice.

For many, this time is challenging to say the least. Depression increases, people consume more alcohol, eating disorders heighten, and financial struggles reach a yearly peak. There are remembrances of loss, family conflicts arise, unwanted family members show up, the homeless have no where to go, and many children have no Santa. If you find yourself struggling during this time, please know that you are not alone. Many schools also have counselors or student services health staff to help you. Check on our website, www.warningmagazine.com for a list of numbers that you can call in a time of need.

I wish you all the best of luck with your finals and send you love and support as you go home for the holidays. Look out for the February edition, the month of Valentines Day and Eros (The God of Love). I will be writing about love and relationships. What is your love life status? Are you in or are you out?

Write me a ? at askeris@warningmagazine.com.

## Product Prince:



**Jasmine Body Wash:**  
**Edward says:** "I felt nice and jazzy when I used this product in the shower."  
**Warning says:** "Rejuvenating leaf sparks the senses and provides a good morning wake up while cleansing and conditioning the skin. Gently washes away impurities. This product is environmentally friendly by being refillable, and best of all there is no animal testing."



**Active Sport Hair and Body Wash:**  
**Edward says:** "Smells like a mens locker room."  
**Warning says:** "Perfect after intensive activity or workout, Organic Tea Tree Oil provides deep cleansing properties, while advanced technology quenches the skin with electrolytes and minerals naturally lost in perspiration. Leaves skin and hair feeling hydrated and conditioned."



**Ol' Blue Skies is Back Shower Gel:**  
**Edward says:** "The smell of patchouli makes me want to sing. 'Pass the duchy from the left hand side!'"  
**Warning says:** "This subtle woody/floral blend of sweet orange, patchouli, cinnamon leaf, and frankincense has an earthy sensuality to detoxify, stimulate, and act as a regenerative tonic for all over."



**Christmas Day Bubble Bar:**  
**Edward says:** "All I can say is 'Oh Christmas tree, Oh Christmas tree...'"  
**Warning says:** "This fresh fragrance comes from the herbal/woody blend of patchouli, cedar, frankincense, and sage and will help clear the mind, reduce nervous tension, and act as an all-over pick-me up."

**Glam Rock:**  
**Edward says:** "I love the sparkling glitter. It reminds me of fairy dust."  
**Warning Says:** "This solid, round gold glitter bar defines glamorous when applied to a beautifully coiffed do and can make anyone shine instantly! Simply smooth onto the hair in the direction of growth. The delightfully sensual fragrance of rose, neroli, and vanilla is beyond sexy."



**Puddy Holly Bath Bomb:**  
**Edward says:** "Bombs away! I felt so fresh and so clean-clean."  
**Warning says:** "Soothing Aloe Vera extract is excellent for burnout, rose absolute is a powerful antidepressant, and clove powder helps combat nausea- the perfect combination for the morning after."



**Bling Crosby Bubble Bar Slice:**  
**Edward says:** "I was 'bling blinging' in the bath tub and I felt like a disco diva."  
**Warning says:** "A brilliant orange glitter bubble bar slice shot through with a clove button, Bling Crosby contains LUSH's sensual Karma fragrance. Patchouli, orange lavender, elemi, pine, and lemongrass encourage the release of toxins and act as restorative tonic for the mind and body."



**Lemon Tea Tree Shampoo:**  
**Edward says:** "It stripped me from the oily residue from the different pomades I use. Being stripped reminded me of Christina Aguilera."  
**Warning says:** "Its gentle but effective cleansing system is based on coconut oil and sugar cleansers. Organic oils help to remove excess oil and build-up so that hair is clean and manageable."



**Lemon Tree Conditioner:**  
**Edward says:** "The whole lemon thing just made want to have a glass of Summer Time Lemonade."  
**Warning says:** "A lightweight but fast-penetrating conditioner. Used with Desert Essence Organics Lemon Tree Shampoo, it is an useful cleansing regimen for those with oily hair or flaky scalps."



**Facial Cleansing Pads:**  
**Edward says:** "Wouldn't advise using them after shaving."  
**Warning Says:** "Each pad cleanses the face, gently exfoliates dead skin cells, and leaves skin feeling cool and refreshed. Pure essential oils and natural botanical extracts are combined to remove oil, dirt, and other impurities with one easy step."



Desert Essence Products

Lush Products

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**T**oday we live in an age where meeting someone is as easy as pressing a button. The anxiety first impressions may cause are wiped away with the click of a mouse. Getting to know someone's personality only requires reading their blog. Yet for some reason the elusive Miss Right still evades. It's time to get off the computer and go outside - **back to the basics.**

### A Few Guidelines to Finding Miss Right



Don't try so hard. The harder you try for Miss Right, the further she is going to run from you. Effort is appreciated, but girls can tell when you are trying too hard. It's unattractive. Make her feel comfortable around you. If she feels like you're macking on her, the inner crazy is likely to come out.

Do things you are good at. If you excel at Ultimate Frisbee, join a team. You are bound to make new friends or meet Miss Right. Should you meet Miss Right doing something you are good at, you guys already have something in common. That means you get to enjoy doing this together later on. If you don't meet Miss Right, new friends bring new opportunities to meet her.  
*Proficiency in something is a desirable trait.*

Be gentlemen. Yes it is the twenty-first century and women are empowered, but that doesn't mean chivalry is dead. Girls like to be treated well. Make it a habit to start opening the door for your girl friends so that it becomes routine. When you do find Miss Right, going Dutch is OK, but once in a while offer to get the whole check. It's really the small things that count and will be remembered.

### Warning Guy: Finding Miss. Right

By: Maranda Rushing

*Don't cross that line.*

Be yourself; games are for the *baseball diamond, football field, and basketball court.* Contrary to popular belief, girls aren't fans of playing games in relationships. Everyone has annoying habits. If you are yourself from the beginning, the person knows what they are getting when they agree to be with you. If you aren't yourself, you are not only lying to that person, you are lying to yourself.

Don't be a jerk. Yes, girls like bad boys but jerks are different. If a girl asks you to leave her alone, do it **WITHOUT** any snide comments. Follow the sister rule: **if you wouldn't want it done to your sister don't do it to another girl.** Confidence is great, but there is a fine line between being confident and being arrogant. Don't cross that line.

Guys, if you think going to bars to meet a girl that you might potentially want to date is a good idea... **STOP.** When alcohol is involved in abundance, combined with loud music, the goal is not for you to have conversations with her. Yes you may have a connection with a girl while dancing "animalisticly" together, but that is called lust. You don't want "*Miss Right Now*" and you don't want to be "*Mr. Right Now.*" You want "*Miss Right.*"

**Alright- it's time to go outside!**

**T**he tumultuous 20's are hard enough to deal with; a cavalcade of school related stress, drama-ridden friends, and coming into one's own are par for the course. The last thing you want to deal with is the added pressure of finding '*the perfect guy.*' In a culture that is so deeply rooted in attaining a mate, being single can almost seem like a social disease, to be avoided at any cost. After all, we are instilled from an early age that a monogamous relationship is the ultimate goal, which brings us to our modern girls' dilemma -

### Warning Girl: Finding Mr. Right

By: Grace Chan

*How does one find love while maintaining her dignity?*



### Some helpful hints...

**1) Get a life already!** Sitting at home with Ben and Jerry for company, bemoaning the "*fact*" that all the good men are taken will not get you anywhere, missy. But realize that finding the right man isn't going to magically transform you. If you are one-dimensional and boring, finding an intellectually stimulating man will not change who you are. If you are messy and lazy, a well-organized and hardworking man is not going to change you. So take up a new hobby. Finally take those creative writing classes you've been contemplating. Volunteer for a cause you truly feel passionate about. Become more well-rounded. And as cheesy as it sounds, no man, no matter how '*perfect*' for you he is, will make you happy if you are not happy with yourself first.

**2) Sounds obvious, but do you know what you are looking for in a man?** If you are looking for a soulful, artistic type who's into Indie bands and Indian cuisine, you're not going to find him in a sports bar. Go to up-and-coming bands' shows, and the museums where you'll be likely to meet him. Having this in mind, why not be open to blind dates? Letting your friends and/or family know your dating criteria first might prevent them from trying to hook you up with Norman, the Star Trek fanatic from their office, just because he happens to be single too. If it feels awkward to "*go on a date*" with someone you don't know, make it a group setting, or a casual dinner at your mutual friends' house. Have fun with it, and enjoy yourself!

**3) Realize that the myth of "*the perfect man*" is just that- a myth.** You are not "*little miss perfect*" either, you know! No one is going to be absolutely perfect and everything you have ever dreamed of. You can have high standards and yet not be so overly critical that you shoot down any man who doesn't meet them. Relax and try to let go of preconceived notions of what the perfect man is supposed to be. Once you do, you will find that things will flow more organically, and keeping an open mind is always a good thing.



## Health: Holiday Anxiety

by Christiana Johns

**D**uring this time of year most advertisements paint a utopian version of the holidays. But the reality of the holidays for some people is a completely different picture than that of perfection.

This time of year can be **stressful** and **lonely** for those who associate it with their hardships. Whether the source is from time management skills, financial restraints, loss of loved ones or other reasons, holiday anxiety is the number one spoiler of the holiday season.

Seasonal stress can be caused by several factors. Many people already have enough trouble getting things done on a regular day and the added holiday responsibilities create a deepening tension. Money is a big issue for those on a budget. Trying to find suitable gifts for your loved ones without burning a hole in your wallet is tough.

Because we all pack on the pounds during this time, passing up an extra scoop of *mashed potatoes*, or one of those seductive *sugar cookies* is next to impossible when they are constantly staring you in the face.

### And what if you can't be with your loved ones?

Travel constraints, illnesses, and other factors keep people apart from friends and family, and images of others together with friends and family during this time make being without those we love difficult and lonely. However, despite all of these factors, you'll be happy to know that there is a way to manage holiday stress.

be sure to include some time for yourself



## Start by organizing your holiday plans now

Save time on cards by **typing a mass letter to everyone**. Shop now and **take advantage of early bird sales**. Save time by doing some *online shopping* before hitting the stores. Avoid **over-scheduling** yourself as well. Keep track of your commitments and be sure to **include some time for yourself**.

Perhaps what you are worried about is being with your family – **the bickering, the jokes, the teasing**. It is important to remember that these things are what make your family who they are. Don't expect them to be perfect. Be realistic about who your family is, accept them, and love them for it.

If you are unable to spend the holidays with the people you care about, try donating your time to others less fortunate than you. Keeping busy will distract you from those you miss and will remind you of the true meaning of the season.

Remember to get plenty of sleep. Taking a few days over the break to just lie around in your PJ's is a good thing. Pile up with the movies you missed during the semester. You rush enough during the semester; take some **"you"** time. More importantly, give yourself permission for **"you"** time. The better rested you are, the less stressed you will be.

## And lastly, remember what the holiday season is about:

**celebrating that which is most important to you and your loved ones.**

Make your holiday season what you want it to be. By doing that, you ensure yourself a positive attitude, capable of fighting off any **holiday anxiety**.

## Fashion: Vintage Clothes

by Jana Godshall

**T**he more faded the clothing, the better. Well, this saying really doesn't work unless you're referring to vintage t-shirts. Faded, worn, and thin tees are no longer fifty-cent finds at garage sales.



They are more like **\$50** overcharges at department and boutique stores. The vintage tee has been popular for quite some time for both men and women, and why not? They're insanely comfortable, but more importantly they're practical.

Women, you can wear your tee with denim and flats for your everyday look, and come time for that dinner party, keep on your vintage tee but throw on a pair of fitted leather pants and pumps. Vintage shirts can swing both ways, be it casual or dressy; the choice is yours. And guys, you can top your favorite pair of jeans with a vintage tee as well. If you're going to a place that requires a dress code, throw a black blazer over your **Rolling Stones** shirt and you're good to go.

There's such a variety with vintage tees that they don't tire. Whether it's a Disney character, a rock legend, or a classic flick, the vintage shirt seems to be here to stay. Beyond the simple tee, vintage clothing is such a fun way to spend your money. When wearing a piece of vintage clothing from the **50's, 60's, or 70's**, there's a tinge of novelty and a whisper of suggestion that brings out a humbled confidence, creating an aura of intrigue around you.

**Adele Simpson, Norma Kamali, Diane von Furstenberg, and Emilio Pucci** are just a few of the most popular vintage designers, not to mention our very own **UberVintage Apparel**. Feeling classy and sweet? Then **Adele Simpson** is your choice designer. Her dresses have clean lines and simple patterns. Choose **Kamali** if you're looking for a show-stopping dress, as her gowns favor the female shape with a fitted waist and a plunging neckline. If you want a dress with life and adventure, filled with wonderful colors and patterns, research **Pucci** or **Diane von Furstenberg**. They both have an excellent eye for color.

Beyond **Diane von Furstenberg's** great floral patterns in her dresses, her vintage handbags are not to be passed up. She enjoys using leather and braiding, and her vintage handbags truly bring a special spark to any outfit. Snakeskin and macramé are the most popular (and most realistic) vintage bags. A plain tee worn with skinny jeans and crowned with a green python handbag is simple yet very sexy and casual.

If you need a little more flare to this outfit, then throw on a vintage necklace. The **60's** and **70's** were all about simple, long chains and big metal pendants. Flower, key, coin, and owl pendants are some of the more stylish necklaces that continue to carry credence today.

So if you don't want to look like everyone else who's wearing GAP this season, be sure to hit up your local flea markets, vintage shops, and the web, and start investing in different decades for your threads.





## Technology : Zune brings competition to Ipod

by Gordon Kuehl

Ever since the 1979 debut of the Sony Walkman, the portable music player has performed the dual function of tech gadget and fashion accessory. This dichotomy persisted through the 21st century before reaching its zenith in 2001 when the Apple Ipod was released.

The Ipod not only ushered in a new age of digital music proliferation but also became the "it" product of the young generation. Since 2001, Apple has redesigned and refined its product, introducing color screens, higher capacities, and the ability to display pictures and video. The Ipod currently enjoys more than a 75% share of the digital music player marketplace, clearly placing it as the market leader with no clear competitor in sight. However, this may soon change with the introduction of the Microsoft Zune digital music player on November 14.



If there is one company in the world with enough resources and experience to dethrone the Ipod, it is Microsoft. The Washington-based behemoth has achieved an even greater market dominance with their Windows operating system than the Ipod has ever had, and Bill Gates and Co. are veterans of modifying and re-branding existing technology under the Microsoft banner. The company is throwing its full support behind the product, even going so far as commissioning J Allard, the creator of the popular Xbox 360, to design the product.

Looking at specs and pictures of the Zune, there seems to be little difference between it and the Ipod. Microsoft is not attempting to re-invent digital music players but rather put its own twist on existing successful products.

For starters, the most obvious difference between the two products is the larger screen of the Zune. With a screen size of 3 inches, compared to its 4.4-inch length, it is only slightly smaller than the Ipod Nano. The big screen does not come at the expense of a much larger unit, which is 1/3 inch longer, 1/32 inch deeper, and weighs .8 ounces more.

Other similar features are a 30GB hard drive (the same size as the entry-level Ipod), and the ability to display pictures, video, and movies. The basic functionality of the Zune takes place on a tilt wheel that behaves a bit differently than the Ipod scroll wheel, but the difference is minor.

So what has Microsoft added to make the Zune a competitive alternative? The main difference between the Zune and the Ipod is built-in WIFI support. The Zune will be able to interface with a user's PC and Xbox 360, as well as other user's Zunes. Microsoft is touting a DJ feature that allows a user to transfer songs for a limited amount of playbacks onto another person's Zune, thus letting other users preview songs before they purchase them. To purchase songs, however, the Zune must be connected to a computer. It also has a built-in FM radio tuner, something the Ipod lacks.

All things considered, does the Zune offer enough new features to warrant a switch for current Ipod owners? Users can make up their own mind when the Zune is released on November 14th at a price tag of \$249.99, the same price as the comparable Ipod model.

## Food: Staying Fit through the Holiday Season

by Heather Arceneaux

The holiday season is upon us once again, and for most students that equates to an abundance of delicious home-cooked meals that make mouths water from August to November.

College students are especially vulnerable to holiday weight gain, as after months of eating fast food and late-night snacks, we are suddenly faced with an excess of tempting foods. Many people will struggle with the added weight that usually accompanies the season, but luckily there are a few things you can do to stop the trend of holiday weight gain and still enjoy your favorite foods.

The first thing you should do is to prepare yourself by making a plan. First, you will want to accept the fact that there will be some caving in to those cravings. It is better to give in a little and eat a small portion of the foods you know are high in fat (like cream-based sauces or heavy meats). In return, eat larger portions of low-fat foods like vegetables, salads, whole grains, and lean meats. Our bodies need food for nourishment and energy, and a balance of the right foods can help us feel healthier and happier.



Secondly, over-indulgence can lead to feelings of guilt and failure, so avoiding this trend can help keep us emotionally sound. A good way to avoid over-indulging is to eat a healthy snack before attending the holiday feast; we are more likely to overeat on an empty stomach. Plan to eat five or six small meals throughout your day, rather than three big ones, and eat slowly! This will result in less calorie consumption.

Start the healthy eating plan with your Thanksgiving meal. If you can make it through this food-based holiday, then Christmas should be a breeze. On the big day, remember that sticking to this plan for healthy eating is going to result in you feeling healthy and happier.

Most importantly, don't worry if you don't stick to the plan entirely. By trying your best, and keeping yourself physically active throughout the holiday season, you will feel and look better. Just remember that it is easier to maintain weight now than to lose weight later.

**Happy Holidays!**

### Tips for making it through your season o' feasting:

- \* Drink plenty of water: Eight 12oz. glasses are generally recommended.
- \* Limit alcohol intake, which contains high sugar content. If alcohol is on your menu, try a light beer or a glass of wine.
- \* Practice portion control. Instead of going for four spoonfuls of dressing, go for one to two spoonfuls.
- \* Eat slowly. Chewing your food completely not only aids in digestion but also fills you up faster.
- \* Try a new vegetable this season. You might find a new delicious health food you never knew existed.
- \* For dessert, steer away from the Pumpkin and French Silk pies. Instead, try some fruit salad.
- \* Remember to move! Do a little cardio, walk your dog, shoot hoops - anything to get you moving and out of that head-to-sleep haze.



# SINGLE IN THE CITY

Part One

By: Penny Lane Emerson

## Being single in LA isn't easy.

We exist in a city where star-eyed hopefuls flock with visions of "making it big". They come and go, some making it and some leaving with disappointed expressions and heads hanging low.

Taken in another context, the same could be said about the masses of singles who invade and exist in Tinsletown. We come and go, some of us looking for the Right One and some of us looking for the Right Now. Some "make it big" and luck out into great relationships or possibly even (gasp) marriage, but a majority of us end up without that special someone.

Last week my friend Beverly, a 29-year-old NYC transplant that has been in LA for 6 years, put it this way:

*"The casting couch doesn't just apply to actresses anymore! Every date I go on is just some guy who has these great expectations of women but apply none of those expectations towards himself!"*

I took a sip of my Crantini and wondered if I should ask her to expand. In the years I have known her, Beverly has morphed into somewhat of a baggage lady. (IE: A friend who willingly takes her relationship baggage from one man to the next.)

But I didn't have to ask. She threw back the rest of her Mojito, slammed it down onto the polished bar top, and flashed her dark angry eyes towards a table full of men in suits before simply saying:

**"There are just no good single men in LA. If I didn't already have friends and a good job here I would leave."**

A few nights later I was at a dingy Westside pub with one of my favorite man friends, Dave. I tell him about the glittering night out at the swank new Hollywood bar and about the lengthy conversation I had with Beverly.

He threw his head back and laughed, "I think your mates got it completely backwards," he chuckled. "It's not the men in LA, it's the women!"

He then proceeded to share a story that was identical to Beverly's, with a few minor changes. He goes on dates. The women ask him what kind of car he drives or what he does for a living.

**"When they find out that I take the bus and sell trainers (shoes) they get snotty and then the date is over. I'm a nice bloke. I shouldn't have to tell them that I take the bus because it's energy efficient or that I sell shoes because I also design for the company I own. They expect me to sound or look like some hot shot, but most of the girls I go out with are barely making it themselves."**

## My conversations with both Beverly and Dave lead me to wonder:

Is LA really running out of quality singles, or is it just that we have become so subconsciously immersed in the ideal "LA lifestyle" that we have raised our expectations to a level of impossible achievement?

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DEAL OR NO DEAL

By Kristen Fogle



## Interview with Deal or No Deal's Katie and Anya

Since its premier episode in December of 2005, fans have flocked to the TV series that promises competition for big cash in small briefcases. Deal or No Deal, hosted by Howie Mandel, has seen immense popularity in the following months, and some speculate that it's not only the action packed game show that keeps a loyal fan base, but also the ravishing briefcase babes that keep people coming back.

Warning takes a minute to sit down with two of these beauties, Anya and Katie, and learn they have a lot more to offer than just a shot for a million dollars.

**Katie:**  
How did you get started in the industry?

Actually when I was about 12 years old I was in a street fair with my mom and someone from Elite modeling came up and asked if I had ever modeled. I said I didn't really know much about the industry, but it kind of just started there.

I heard that you went to school, modeled, and ran track prior to working on the show. Which was most challenging?

I would say school, definitely, because I have a really short attention span. If I'm not interested in it I don't absorb it, and I have to really concentrate. I was a business and marketing major and I really wasn't interested in the accounting aspect. I really have to be interested in something to excel at it.

What is your favorite part about working on Deal or No Deal?

The girls - we're all really good friends. And of course Howie and the audience and the contestants. We really want them to win, and there's so much cheering and it's so exciting because it's all live. And if it's between a large amount or a small one, you never know what the contestant is going to choose. You're really on the edge of your seat, especially when you've been rooting for them the whole time.

You just celebrated your 25<sup>th</sup> birthday. How did you celebrate?

That's funny, I was working on the show and my mom actually flew in for my birthday and kind of surprised me on set with Howie and the girls. After that we went to the US Weekly party.

Your bio says that you're quite the philanthropist. What sort of projects have you worked on and what do you hope to do in the future?

I work a lot with animals - rescues, humane societies... I don't do as much now, but I do a lot of fundraisers for animals that need homes and those that come from abusive homes. I'm trying to get out the word that you can't just give them up, they're like babies - you can't just get rid of them in a year or two. With acting I'd like to get the word out, do more fundraisers with the city of LA, big companies... I'd really like to get more sanctuaries and shelters also.

Professionally, what do you see for yourself in the future?

My passion is acting, so in the future definitely I'll be pursuing that and I'm hoping to get a part in a movie and/or series. I want to do drama - I could see myself as a cop or a lawyer.

**Anya:**  
How did you come to be a model on Deal or No Deal?

I got the job like most modeling and acting jobs, through an audition. I hear all the time girls talking about the tedious process they went through to get on the show but for me the experience was painless. My agent called me to go on the audition, I went in for a quick five minute interview, and by the time I was getting into my car in the parking lot my agent had called and told me I got the job. I guess I had luck on my side that day because I heard that they had seen thousands of girls.

Growing up in Russia and then Florida has to be much different than Southern California. How is Los Angeles in comparison?

It's crazy! The three places that I have lived in my life have been such polar opposites. Russia has cold, long winters but it also has my family there and is such a big part of who I am. Even though I have lived in the States longer than I lived in Russia, I still consider myself Russian. Florida on the other hand is where my parents live and I still call that home even though I have lived in LA for four years. LA is where it all happens, the capital of the entertainment industry, and I always knew that I would end up here. It's the only place that I know that you can go surfing and snowboarding all in the same day - kind of a combo of my two homes Russia and Florida.

I've heard that you're attending school while acting. What are you studying and what do you hope to accomplish with your degree?

I have taken the semester off due to DOND, but next semester I will be continuing my study in film production. I've always had an interest in film - it's been my dream to one day produce and direct my own feature film. I want to know and work in all aspects of the film industry from - in front of the camera to behind the scenes. I also did theatre in college and I had at one point just as many theatre classes as film production, so I could have done a double major. I've been in acting classes my whole life; I believe in keeping up with your art. Plus, I truly enjoy the environment of ambitious performers and being able to learn from others.

I read that you're training in the Wushu. What is it and what does it entail?

Wushu is a Chinese martial art that is very beautiful and is now mostly used as a performance martial art. It keeps me in shape and focused. I think it differentiates from other martial arts because it's really fluid and you have to be very flexible. I have been practicing for over a year now and have recently began weapon training. I started off with staff (which is a long bamboo pole/stick) and have now moved on to long sword. It's hard to explain the actual art of Wushu, but I'm sure you have seen it in movies. Jet Li is one of the many masters of Wushu, so just think back to any of his films.

What are your goals in the entertainment industry? Is there anyone you would like to work with in the future?

I have so much that I would like to achieve as far as my career goals, I have barely brushed the surface. Right now, I'm really focusing on acting and finishing up school. My entrepreneurial side has brought my attention to a couple of ventures that have me dabbling in business and real estate. I would like to work more with charities and focus on lending a hand to such organizations as the tree people and any others that focus on stopping global warming. I have so many people that I admire and would love to work with. I love Quentin Tarantino, Sophia Coppola, and Meryl Streep - just to name a few.

Don't forget to check out Anya, Katie, and the other girls, Mondays (8-9 p.m. ET) and Thursdays (9-10 p.m. ET) on NBC!

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**N**ext to each name put the price limit on what you can spend on them. After you make the list, try to downsize the prices. For example, if you put twenty-five dollars next to a name, see if you can cut it down to twenty dollars. Stick to these set prices. This way, you will not over budget; *you'll spend what you know you can.*

Set aside the extra cash you have from downsizing and with the left over money purchase some economical emergency gifts. Extra emergency gifts will always come in handy when you begin receiving unexpected presents. To avoid awkward silences when you receive a gift from someone you didn't expect to exchange with, you can pull out the emergency gift. **Make sure the emergency gift is unisex and universal so it can go to anyone at any age.**

**E**veryone pretty much enjoys the holiday season, and why shouldn't you with the abundance of gift giving, snowflakes, and mistletoe kissing? There are plenty of Christmas parties to attend, which means there is plenty of eggnog to go around. Though the holidays are filled with merriment, they're extremely detrimental to the wallet. In fact, January's customary reactions to stepping on the scale and opening credit bills are generally the same: **"What the?! How did I?!"**

Fortunately, there are a few ways to avoid these reactions. First and foremost, step away from the chocolate and put down your credit card! Before picking up the plastic, there's a lot of planning to be done.

Although procrastination seems like a good idea at the time, the worst bang for your buck is waiting until Christmas Eve to buy your gifts. You cannot wait until the last minute to do your shopping. You'll wind up making rash decisions and overspending. The official start to holiday shopping is **"Black Friday,"** the Friday after Thanksgiving ... so before this day rolls around, you should make a list of all the people for whom you need to buy gifts.

**T**hose of you with large groups of friends or family can save money by drawing names. As opposed to buying multiple gifts for each friend or family member, you only need to purchase one. Put a reasonable price limit on the amount of the gift so everyone spends the same, but just because you think you may have saved some money doesn't mean you should go and spend it at the bar. Put that extra dough into your savings account. You'll be thankful once tax season rolls around.

If drawing names isn't your style, you're going to have to think of some frugal options. The list of receivers could go on and on, depending on how big your family is, so the best idea is to give from the heart rather than the wallet. Forget the idea that the bigger the present, the better. *The price of your gift really shouldn't matter.* If it's thoughtful, the one you love and those who love you back won't care about the price tag.

On October 13, 2006, President G.W. Bush signed in to law the *"Safe Accountability For Every Port Act of 2006"*, whose aim is to provide increased, and what Republicans call, **"pivotal"**, funds for domestic port security.

In many instances our ports serve as the first line of defense against illicit and illegal products unlawfully entering America, and as such, a lackadaisical port could potentially be THE worst case scenario, which makes the bill seem legitimate, bolstering national security and all - so how does a bill concerning fortifying ports have a bill attached to it outlawing most forms of online gambling?

While the death of online gambling seems imminent in the U.S., online gaming companies are still operating, but most likely not for long because the bill addresses the transfer of funds from banks to the online gaming companies. The deal is that now Congress and the President have deemed it illegal for banks and credit-companies from processing payments to online gambling companies. This should help make the online gambler feel less jittery about winding up sharing a cell with some dude named **"Spike"** for the time being because it seems that the legislation is not aimed to prosecute the gal or guy gambling from their computer, but to simply forbid financial institutions to do business with any online gambling companies.

The ramifications for Joe-gambler is that if you get your kicks chasing gun shot straight draws online, now you have to drive to a casino card room. And if you have enjoyed the temporary reprieve the computer offered from having to deal with a bookie to bet on sports, those days are over and you'll either have to watch the game for the joy and sport of it, or have to dust off the bookie's phone number if there is a particular under bet you just can't shake the idea of wagering on.

Online gambling is a major industry that experts predict generates somewhere in the neighborhood of **nine to twelve billion \$/year**, depending on who you ask. All of the major gaming companies plan to either reduce or cut their American operations all together, which, depending again on who you ask, makes up somewhere between **40 to 70 %** of their total market. Experts are predicting that online gambling companies can plan to see an almost immediate loss of half of their pre-Port bill business, but with that being said, online gambling sites are seriously ramping up their efforts to recruit new players in the burgeoning Asian economy, where regulation is less stringent. These companies are banking on popularity and success in the East to continue their highly profitable operations.

### But is this the end of gambling over the internet in America?

Well, there are a couple of ways to answer that question. The first involves pointing out the obvious two exceptions from the bill: interstate lotteries and horse racing (thoroughbred, quarter horses, trotters) which are all fair game to sit in your underwear and make trifectas and daily doubles at tracks across the globe from your LAN line. This seems largely hypocritical of the conservatives in Congress and the President to omit these forms of gambling which at their root can be just as destructive and demoralizing as the forms of gambling now illegal to have their payments processed. Which leads to the question of: where is the line?

What differentiates, morally, the wagering on a horse to cross a line before other horses in a race and finding a card game on Bodog.com, or placing a bet on your Alma Mater on Saturday?

If there is an answer to that question, to have the legitimate ability to wager on horses but not a college football teaser or a seven card stud game, it seems only in the political clout held by interests that are both benign to online thoroughbred pari-mutuel wagering and have something to gain by the cease of gamblers' dollars floating away to foreign pockets that tend to own the online gambling operations. **Hmmm**, smells like Vegas controlled interests or any other entity that has had to fight local city councils and grease local politicians for a land-based casino, while the ones in the digital domain have thrived quietly in a sphere of political vaguer, a sphere that has now vanished, leaving the online gambler without the option of being an outlaw and left more like a hitchhiker on road with no cars.





The upcoming arrival of winter break means another grueling semester will be over soon.

All you want to do is get as far away from the classroom as possible, but your lack of funds limits your possibilities.

Don't be discouraged because it is feasible to venture outside the campus gates and into a foreign land without breaking the bank. With a few tips and a little research, there are several trips that will make your semester break exciting and save you money.

Start by choosing a *feasible destination*. If backpacking across Europe is out of your price range, visit a friend who lives in another city. You'll have a free place to stay and free transportation. Now is the perfect time to visit someone you don't often get to see.

There is always, of course, the tradition of a *road trip*. Choose a city within a few hours driving distance and pile a bunch of friends in the car and just go. Visit a city that you have never been to before, or travel as far as the car and wallet will take you.

By splitting the cost of gas, you save money on airfare, plus you get two for the price of one by stopping and visiting random places on the way to your target location.

# Destinations on a Dime

You can also *take a day trip* if you and your buddies are short on cash. You may not get to go swimming, or get that tan at a nearby beach or lake, but you can barbeque, build a fire, and play a game of volleyball on the sand. Most of these places are also within a few hours drive of an amusement park or a rock concert, and an overnight camping trip is inexpensive if you borrow the equipment and bring your own food and gear.

Depending on when you have to go back to school, try planning your trip in January. Hotel rates and airfares are generally cheaper during this time because most families are done with their holiday traveling. Flights can be up to a hundred dollars cheaper than springtime rates. The great thing about being in college and traveling is all the student discounts you can get.

Web sites such as [www.statravel.com](http://www.statravel.com) and [www.studenttravel.com](http://www.studenttravel.com) offer discounted airfare, and flight and hotel packages for students. Other Web sites that also provide deals are [cheaptickets.com](http://cheaptickets.com) and [hotwire.com](http://hotwire.com) (*be careful with hotwire.com because you won't know your flight times until after you purchase the ticket*). Some places offer student discounted admission, so do a little research before you leave and find the places you can save money.

If you are dying to do something fun but traveling may be wishful thinking, think of places you can go around your own town. Maybe there is a museum or art gallery you haven't had time to see because of your classes. Explore your own college town's traditions. You may only get four years at that place so experience it all while you're there.

[www.breathingearth.net](http://www.breathingearth.net). This site has taken statistics about country birth, death, and CO2 emissions and created a real time world simulation that shows you where everything is happening and the totals since you started watching the site. I watched it for about ten minutes and it showed **3000** people born, **1250** people died, and **510000** tonnes of **CO2** emitted.

It really gives you a sense of the magnitude of climate urgency. If this freaks you out, here are some simple things you can do yourself to take action and reduce your carbon footprint:

### Replace all your lights with compact fluorescents.

They use **70%** less energy, and last **10x** longer. Over a life time of the bulb, they will save you **\$93** per bulb. Incidentally, many of them are even warranted for nine years. **It's win...win...win!**

### Turn off your power strips.

I'd say buy and use power strips, but chances are you already are. If you're not using any devices that are plugged into them, turn them off. The average TV constantly draws nine watts of power while turned off. Simply flipping the switch on the power strip it's plugged into stops unnecessary power draw and lowers your monthly electric bill!

### Conserve water.

If your bathroom toilets and shower heads are old, upgrade them with new low-flow types. Most new shower heads also give you the feature of different water spray settings. Even with a **\$20** a month water bill, you will see a return on your new bathroom purchases in one to two years!

### Drive a more efficient vehicle.

If your current gas guzzler is getting old, upgrade to a more fuel efficient vehicle (**30mpg** or better). It doesn't have to be a hybrid, and it doesn't have to be a foreign car.

Get the list of green vehicles at [www.epa.gov/greenvehicles/all-rank-06.htm](http://www.epa.gov/greenvehicles/all-rank-06.htm)

### Walk/bike more, drive less.

If you're running an errand that's just down the street, walk or bike to it. For every gallon less you burn in your vehicle, you stop **21lbs** of **CO2** from going into the atmosphere. Walking and biking (*or riding a horse*) also has unavoidable health benefits!

### Recycle!

The less we all put into a landfill and recycle, the less has to be mined, milled, or manufactured. **80%** of your trash is either recyclable or compostable. Check with your county's website, they may recycle more than you think they do. For those interested in composting, your county may provide you with a free compost bin and demonstration on how to use it!

### Vote!

Woohoo America, it's a Republic (*not a Democracy*)! Make sure that you're voting, come November, for a politician that's going to work toward "**greening**" your state. Don't know? Ask! One of the benefits of local elections is you can often talk to the actual person running for office directly. Ask them what they're going to do to help slow/stop climate change. They may surprise you with their answer!





## ELECTRONICA

### Lee Burridge

By Farrah Garcia



**W:** Hello there, how are you? Hopefully all is grand in the DJ'ing land! Thanks for taking time to interview for Warning Magazine. I admire your sense of humor while interviewing, but please be easy on me, I'm rather delicate in my questioning.

**LEE:** I love it when a girl asks me to take it easy on her. It makes me feel like such a man!

**W:** As one of the few advocates for vinyl these days, do you see it surviving with the never-ending advancements in technology? Perhaps, it too will become obsolete?

**LEE:** Vinyl has supposedly been on the brink of extinction for years and I've heard over and over that it will be obsolete in the coming months/years. Apparently, in dance music at least, it's now selling very healthily again after the initial rush to digital download by many people. However I don't feel it becoming obsolete quite yet. There's something special about seeing a DJ play vinyl. At the end of the day the music should speak for itself, not the format.

**W:** What are your opinions of these technologies such as cdj's, Serato (use of laptops) etc? Pros and Cons?

**LEE:** I used Serato once and hated it. The aesthetic of playing off a laptop compared to seeing a good DJ play bothers me. Ableton is the biggest offender for screen staring as Serato is. They use something that looks like vinyl but are in fact discs that read the position the current track is playing from the computer. I've heard a few people play off the formats involving the use of a computer and for me the sound and aesthetic don't match DJ's who use vinyl. But I'm just a picky old git with a penchant for playing records!

**W:** Partying in Miami with the "tired old dinosaurs of dance music" you've witnessed the club scene evolve, but, besides the popular technical advances, how has DJ'ing evolved over the past 20+ years of your career. How has house music evolved?

**LEE:** We have all become a lot deafer and wrinkled. I started before the dance music scene was around, so for me, I've evolved from playing bad music at people's weddings and birthdays, driving all my own equipment around a 50 mile radius, to being flown all over the world playing what I consider to be good music in sick clubs to thousands of crazy people. DJ'ing itself though hasn't really evolved. Our role is to turn up and entertain people. The perspective from the other side of the DJ booth though has changed a lot. DJ's somehow moved out of the corner into the spotlight and the crowd come to see them instead of coming for the music/party. House music itself has expanded and contracted and split off into many different sub-genres over the years, but at the end of the day, as my mum says it just goes "thud thud thud thud".

[www.warningmagazine.com](http://www.warningmagazine.com)

**W:** You're not known for the more "commercial" sound in electronic music: dropping "bangers" one after the other. Does "commercial" represent lack of originality to you?

**LEE:** Of course, but commercial will always be appealing to the largest demographic. I really care about music and have for a long time. But a lot of people don't care so much or simply are at the beginning of listening to music outside of what they hear on the radio. If this happens to be commercial dance music, such as trance, it's instantly appealing. It has energy and excitement- as do the parties. I played trance at the first Full Moon parties on the beaches of Thailand back in the early nineties and loved it, but after a few years everything started sounding the same, so I looked for different music. I've always tried to be a bit different and play music that might make people think a little more about what's out there to listen to. I definitely don't appeal to some people's musical taste, but apparently you can't please all of the people all of the time. I just realized though, that if I played big records one after the other I would earn a lot more money. OK...I'm selling out from this point on. Has anyone got a cheesy trance remix of Eminem I can borrow?

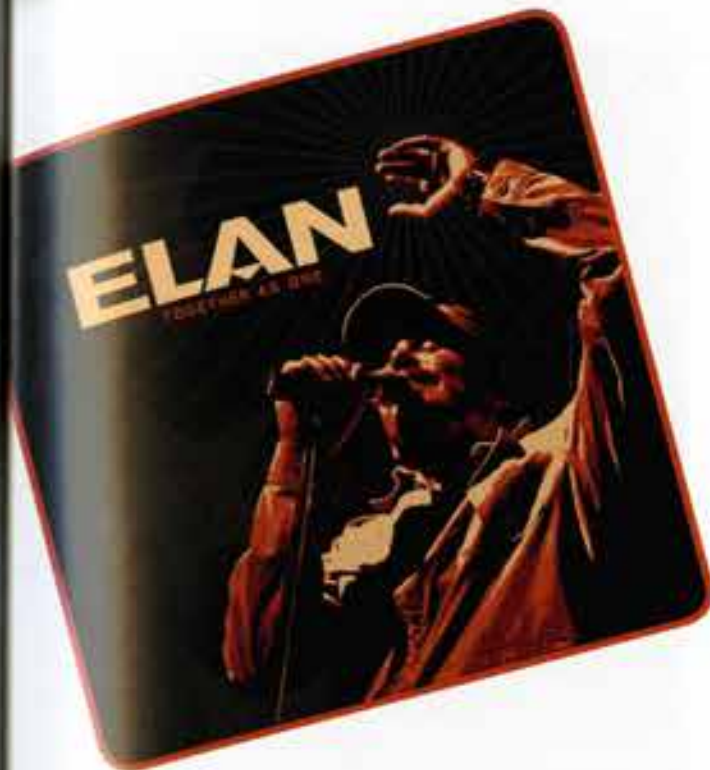
**W:** You once said that DJ's have achieved "rockstar" status, why? And please do share a rock star moment with us?

**LEE:** It's my Birthday today. Twelve years ago exactly was the culmination of a bet between my friend and I that we could stay up for a week. We somehow ended up DJ'ing sixteen hours a day and the only sleep I got was passing out a few times in the club. I slept nine hours in seven days and ended up passing out while playing on the seventh night, head butting the turntable which knocked the stylus off the record, being dazed for a bit while the club was in silence until I stood up with blood running out the cut in my eyebrow and put the next track on to cheers from the crowd. Is that rock 'n roll?

**W:** Congratulations on the launch of your new label! Are you going to use Almost Anonymous as a vehicle to help launch the talents of up and coming DJ/producers you have met, and will meet in the future? I'm sure the networking is just abundant, especially with such international travels.

**LEE:** At the moment it's a way of being able to control the release schedules of tracks I made last year on my 365 project. I have a bunch of music I made around the world with different producers to release, and am then planning on signing some tracks from new and established artists. AA also will allow me to get remixes of my tracks done by artists I'm currently loving such as Exercise One and Guy Gerber.

LEE DJ'S IN ALL THE TOP CLUBS, ALL OVER THE WORLD.  
CHECK [www.leeburridge.com](http://www.leeburridge.com) FOR LOCATIONS AND DATES



**W:** Tell me a bit about how you got started musically.

**E:** Growing up our parents always had a mike in front of our face. We were a happy, singing family. I mean, I wanted to be a basketball player- my sister was always the one in music school- but everything happens for a reason. I started professionally singing when I was 19.

**W:** I heard something about two girls who heard you singing in the car and passed you off to an A&R [Artists and Repertoire] guy?

**E:** I was hanging out with two girls who worked for Nancy Berry, head of Virgin Records. The head of A&R was at a Sex Pistols concert. He thought I was a pro singer and asked me to come into his office. I wasn't prepared but he said call and set up a meeting with his assistant. I went into the studio and took some money I'd saved from acting. I came back with 12 songs in one month. He liked it, but he thought it was the black base player who was doing the singing.

**W:** What made you decide on reggae over other genres? Was that what you predominantly listened to growing up, or were just most comfortable singing?

**E:** I grew up loving a lot of different artists: Depeche Mode, The Cure, Phil Collins...I mean I listen to everything. I loved new wave, salsa, middle eastern music... (Reggae) is just what I loved to sing the most. It had the most dominant vibes... I also loved rock, U2, the Police, Otis Redding, Al Green...

The crowd at the Roxy is waiting expectantly for up-and-coming reggae artist ELAN to appear on stage. We can hear his voice- raspy yet smooth, with an energetic, almost ethereal quality to it. When he finally enters, this former front man for the Bob Marley backing band "The Wailers" looks nothing like one would picture... However, in addition to his stellar vocals, the LA-based ELAN entices you with his lyrics of hope, imploring us to be "Together as One" and to "Do Right By You". I was able to visit with him at his home before the show, where he shared his past, present, and future plans in music.



## Local Music

### ELAN Interview By Kristen Fogle

**W:** What was it like performing on the road with the Bob Marley band, The Wailers?

**E:** I was a young kid on the road and I had never performed. I was headlining with people I was inspired by. After 3 1/2 years with the Wailers, I grew up in the best college with the best musicians as professors.

**W:** How did you happen to hook up with Tony Kanal?

**E:** I met No Doubt at the House of Blues. We said we should hook up, and then we just kept running into each other. They had some time and I went off tour, so we went into the studio, no expectations, just to have fun. I mean, growing up in SoCal, we all love new wave and reggae. Then it became good, and we're like, 'Let's do an album'.

**W:** Is there anyone you would like to work with?

**E:** I'm open to anyone who uses their voice in a positive way, who give good vibes, takes away from people's worries or problems, or shows [people] the truth... I'd love to work with Bono, and also people that are dead... Dennis Brown, John Lennon, George Harrison.

**W:** What are some musical goals you have for the future?

**E:** Keep doing what I love. Pay the bills. Help people to open their eyes and be made aware- see how lucky most of us are... Get out a message of unconditional love, between races, nationalities, world citizenship. Give praise to God, even when things are good... Just like the title of the album- Be together as one.



# dining guide

<b>Acapulco Mexican Restaurant</b> 1109 Glendon Ave. 310.208.3884	<b>Frida Restaurant</b> 236 S Beverly Dr. 310.278.7666	<b>Native Foods Restaurant</b> 1110 1/2 Gayley Ave. 310.209.1055
<b>BJ's Restaurant &amp; Brewhouse</b> 939 Broxton Ave. 310.209.7475	<b>Foundation Room</b> 8430 Sunset Blvd. 323.848.5138	<b>New India Grill</b> 1321 Westwood Blvd. 310.996.0064
<b>Bombay Bite</b> 1051 Gayley Ave. 310.824.1046	<b>Govinda's Natural Food Restaurant</b> 3764 Watska Ave. 310.836.1269	<b>Newsroom</b> 120 N Robertson Blvd. 310.652.4444
<b>Byblos</b> 1964 Westwood Blvd. 310.475.9558	<b>Headlines</b> 10922 Kinross Ave. 310.208.2424	<b>Novel Cafe</b> 1101 Gayley Ave. 310.208.6410
<b>California Fresh</b> 2000 Westwood Blvd. 310.234.0333	<b>Hugo's</b> 8401 Santa Monica Blvd. 323.654.3993	<b>Palomino</b> 10877 Wilshire Blvd. Ste 150 310.208.1960
<b>California Pizza Kitchen</b> 1001 Broxton Ave. 310.209.9197	<b>Isshin Restaurant</b> 10861 Lindbrook Dr. 310.208.5224	<b>Real Food Daily</b> 242 S Beverly Dr. 310.858.0880
<b>Cheesecake Factory</b> 364 N Beverly Dr. 310.278.7270	<b>The Ivy</b> 113 N Robertson Blvd. 310.274.8303	<b>Solar HARVEST</b> 242 S Beverly Dr. 310.777.6527
<b>Crustacean</b> 9646 Little Santa Monica 310.205.8990	<b>La Boheme</b> 8400 Santa Monica Blvd. 323.848.2360	<b>Soleil Westwood</b> 1386 Westwood Blvd. 310.441.5384
<b>The Grill on the Alley</b> 9560 Dayton Way 310.276.0615	<b>Lamonica's New York Pizza</b> 1066 Gayley Ave. 310.208.8671	<b>Sprout Cafe</b> 8410 W Sunset Blvd. 323.848.2195
<b>Damon &amp; Pthias</b> 1061 Broxton Ave. 310.824.8777	<b>Literati Cafe</b> 12081 Wilshire Blvd. 310.231.7484	<b>Taste of the Goddess</b> 2753 Santa Monica Blvd. 323.874.7700
<b>Dolce</b> 8284 Melrose Ave. 323.852.7174	<b>Mason Jar Cafe</b> 8928 Santa Monica Blvd. 310.659.9111	<b>Tengu</b> 10853 Lindbrook Dr. 310.209.0071
<b>Elysee Cafe</b> 1099 Gayley Ave. 310.208.6505	<b>Meson G</b> 6703 Melrose Ave. 323.525.1415	<b>Urth Caffe</b> 267 S Beverly Dr. 310.205.9311
<b>Earth Wind and Fire</b> 1776 Westwood Blvd. 310.470.2489	<b>Miyagi's</b> 8225 W Sunset Blvd. 323.650.3524	<b>Vegan Glory</b> 8393 Beverly Blvd. 323.653.4900
<b>Feast From The East</b> 1949 Westwood Blvd. 310.475.0400	<b>Napa Valley Grille - Westwood</b> 1100 Glendon Ave. 310.824.3322	<b>Westwood Brewing Company</b> 1097 Glendon Ave. 310.209.BREW
<b>Frankie &amp; Johnnie's Pizzas &amp; Pasta Company</b> 11753 San Vicente Blvd. 310.442.9500		<b>Westwood Thai Cafe</b> 1375 Westwood Blvd. 310.477.7031

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## Local Dining



*The Backyard at the W Hotel*

**M**y first LA experience hails from The Backyard at the W Hotel in Westwood, where a little old Tennessee girl, fresh off a plane, and gets thrown into a whirlwind of adventure. I put on my bikini, orange flip-flops with a T-shirt and skirt, pull my hair into a pony tail, slap on some shades, and away we went. My friends and I are some of the first to arrive to what I'm told will be a 'pool party.' Little did I know that the typical 'LA style' pool parties consist of high heels, hoards of make up, designer outfits and accessories, lots of drinks, and A-list party-goers. I remember calling my girlfriend back home, telling her about every passerby, and how beautiful the people in LA are.

Now a veteran of the W happenings, I've come to the conclusion that they really know how to throw a party. The W is synonymous for entertaining the best of the west. The Backyard is the summer place to be and be seen if you know what's up in LA.

Inviting poolside cabanas offer a relaxing escape from the hustle and bustle of people, while the moderately sized pool cools you from the heat and sunshine. With a bar in the rear, and tables under swaying trees, anyone can pamper themselves in the tranquility that The Backyard offers.

Warning's favorite treat has to be the Adult Lemonade Stand. Extravagant infused flavors of lemonade accompanied with your choice of drunken popsicles, cotton candy, spiked watermelon, barbecued beer sausage sandwiches, baby back spare ribs, and lamb sliders are some of the treats The Backyard has to offer at the Lemonade Stand.

Executive Chef Jack Yoss, also from NineThirty, has fun crafting a casual menu different from inside, but equally and superbly crafted. From their Raw Rare and Naked Appetizers, to a menagerie of salads in the garden section of the menu, to the main dishes and pizzas that are offered- each is completely unique from any other poolside restaurant's selections.

930 Hilgard Avenue · Los Angeles, California T.310.208.8765

### Warning's Recommendations:

- Oysters on the half shell, Thai mignonette, American caviar
- Yellowtail crudo, shaved fennel, grapefruit, pink peppercorn vinaigrette
- Coleman farms lettuces, chicken breast, alfonso olives, red onion, feta, red wine vinaigrette ("Greek Salad")
- Smoked salmon pizza, dill crème fraiche, American caviar
- Grilled Ahi tuna, nicoise salad, roasted cauliflower, olive tapenade
- Sonoma duck sliders, curry aioli, celery root-apple coleslaw
- Society b Roquefort burger, slow cooked onions, 12-year balsamic





**Boutiques**

**Envie**  
9495 Santa Monica Blvd.  
310.308.8944

**Image**  
7472 Melrose Ave.  
323.653.1911

**Lisa Kline**  
136 S Robertson Blvd.  
310.246.0907

**Madison**  
106 S Robertson Blvd.  
310.275.1930

**Paper Bag Princess**  
8818 Olympic Blvd.  
310.358.1985

**Union**  
110 S La Brea Ave.  
323.549.6950

**Shopping Centers**

**Beverly Center**  
8500 Beverly Blvd.  
310) 854-0071

**The Grove**  
189 The Grove Dr.  
888.315.8883

**Westfield Century City Shopping Center**  
10250 Santa Monica Blvd.  
310.277.3898

**National Retailer**

**American Apparel**  
104 S Robertson Blvd.  
310.274.6292

**Banana Republic**  
357 N Beverly Dr.  
310.858.7900

**Paul Frank Store**  
8101 W 3rd St.  
323.653.6471

**Target**  
7100 Santa Monica Blvd.  
323.603.0004

**Urban Outfitters**  
1100 Westwood Blvd.  
310.443.9765

**Thrift/Vintage**

**Buffalo Exchange**  
131 N La Brea Ave.  
323.938.8604

**City Rags**  
10967 Weyburn Ave.  
310.209.0889

**Slow**  
7474 Melrose Ave.  
323.655.3725

**Wasteland**  
7428 Melrose Ave.  
323.653.3028

**Books and Music**

**Amoeba Music**  
6400 W Sunset Blvd.  
323.245.6400

**Borders-Westwood**  
1360 Westwood Blvd.  
310.475.3444

**Tower Records**  
8801 W Sunset Blvd.  
310.657.7300

**Other**

**Aahs!!**  
1083 Broxton Ave.  
310.824.1688

**Hustler Hollywood**  
8920 W Sunset Blvd.  
310.860.9009

**Sports Chalet**  
100 N La Cienega Blvd. Ste 203.  
310.657.3210

Living in the endearingly fashionable city of Los Angeles, we can't help but express ourselves as natural born trendsetters. We often hold titles such as trendsetters, icons, fashionistas, shop-a-holics, or just plain style maniacs. It's true, we absolutely love to personalize our style and shine as the exceptional individuals we are.

What better way to express ourselves through fashion than to personalize our accessories and jewelry. The very talented and highly creative artist Shannon Sleaze offers exactly that through her well established and highly recognized line called "Gasoline Glamour". She emphasizes her unique touch in every piece she determinedly creates. Shannon offers an enticing variety of charms, metals, rhine-stones, feathers, spikes and hearts to personalize necklaces, rings, cuffs, belt buckles, purses, shoes, pins, and even aviators. Her newest addition to the collection is leather dog tags; they are imbedded with skulls and hearts- her signature mark. Shannon started to create her first pieces just three years ago in her kitchen and living room; now her line is spreading rapidly across the country. After being featured on Rock Star: Supernova, the line received attention from the likings of several rock-n-rollers such as Tommy Lee and Sheri Moon. Then Gasoline Glamour made its way into the Guitar World Buyer's Guide, and was featured on the lovely play-boy playmate of the year Kara Monaco.

Bolder is better, and this collection is definitely beyond bold as it sets a standard for "cool". These pieces are radically wild, yet manage to tame the looks of some very drastic styles. We have embraced the edgy rock star fashion "do's" of our generation by wearing skulls and crossbones, spikes, and rad colors, now we can put together personal items that suit each and every one of us. It's the perfect collection for a generation that is obsessed with standing as one yet remaining uniquely different than thou neighbor. Leave it to Shannon when searching for that crazy (skulls, razors) or conservative (cameos, hearts) piece of jewelry or accessory. She also takes time to personally create clothing and shoes- her beaters are often ripped and threaded with string and her skirts leather and daring.



photo by Dave Stone

**GASOLINE Glamour**

Farrah Ganci

The men's shirts are uniquely painted as she always adds an interesting twist to what once would have been a regular button down. Her extra large scorpion or skull belt buckles make any pair of eyes look twice. As Shannon says, "Leather, suede, rhinestones, dye, metal, wax, thread, paint, glitter- my corrupt heart and soul- go into every single thing I make."

[www.Gasolineglamour.com](http://www.Gasolineglamour.com)

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# pamper guide

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| <b>Angel City Gym</b><br>8616 Melrose Ave.<br>310.858.6612           | <b>Burke Williams Day Spa</b><br>2136 Cotner Ave.<br>323.822.9007              | <b>Earth's Power Yoga Center</b><br>7901 Melrose Ave.<br>323.855.9642 | <b>Jersi Salon</b><br>8799 Beverly Blvd.<br>310.855.1080              | <b>Le Beach Club</b><br>8471 Beverly Blvd.<br>323.966.3100                         | <b>Sephora Beverly Center</b><br>8500 Beverly Blvd. Ste 756<br>310.657.9670 | <b>Sunset Tan</b><br>8539 Sunset Blvd.<br>310.289.7412           |
| <b>Bellacures</b><br>239 N Robertson Blvd.<br>310.499.1421           | <b>Burn 60</b><br>159161 S Barrington Pl.<br>310.470.2828                      | <b>Energy in Motion</b><br>1365 Westwood Blvd.<br>310.479.6657        | <b>John Frieda Salon</b><br>8440 Melrose Pl.<br>323.653.4040          | <b>M.A.C. Cosmetics</b><br>133 N Robertson Blvd.<br>310.854.0860                   | <b>Service Station Barber + Body</b><br>2000 Cotner Ave.<br>310.268.0333    | <b>Syner-G Pilates</b><br>345 N La Brea Ave. #2<br>323.965.8681  |
| <b>Better Body Maker</b><br>10936 Santa Monica Blvd.<br>310.473.4302 | <b>California Suncare</b><br>10877 Wilshire Blvd. # 12<br>310.824.2508         | <b>E3 Fitness</b><br>9000 Washington Blvd.<br>310.476.5656            | <b>Jose Eber Atelier</b><br>224 N Rodeo Dr.<br>310.278.7846           | <b>Massage Therapy Center</b><br>2130 Sawtelle Blvd.<br>310.444.8989               | <b>Shadow Boxing</b><br>7416 Beverly Blvd.<br>323.549.3903                  | <b>The Tanning Club</b><br>1132 Westwood Blvd.<br>310.208.6161   |
| <b>Bisou Nails</b><br>1281 Westwood Blvd.<br>Ste 100<br>310.444.9091 | <b>Capelli Hair Cutting</b><br>1001 Gayley Ave.<br>310.824.2711                | <b>Exhale</b><br>1422 2nd St.<br>310.899.6222                         | <b>LA Fitness Sports Club</b><br>10921 Wilshire Blvd.<br>310.209.5002 | <b>Melrose Spa</b><br>7269 Melrose Ave.<br>323.937.2122                            | <b>Sheppard Method Pilates</b><br>2180 Westwood Blvd. #2B<br>310.208.5002   | <b>The Wellness Bro</b><br>1351 Westwood Blvd. #<br>310.477.7714 |
| <b>Bliss Los Angeles</b><br>930 Hilgard Ave.<br>323.930.0330         | <b>Christopher Watt Esthetics</b><br>808 Hilldale Ave.<br>310.360.0577         | <b>Fashion America</b><br>1074 S La Cienega Blvd.<br>310.855.1218     | <b>LA Vie L'orange</b><br>638 1/2 N Robertson Blvd.<br>310.289.2501   | <b>The Natural Face Place @ M Salon</b><br>8209 Melrose Ave.<br>323.702.4279       | <b>Spa Nails</b><br>10909 Kinross Ave.<br>310.209.4901                      | <b>24-Hour Fitness</b><br>9911 W Pico Blvd.<br>310.553.7600      |
| <b>Bodies in Motion</b><br>12100 W Olympic Blvd.<br>866.248.5908     | <b>Dancing Shiva Yoga &amp; Ayurveda</b><br>7466 Beverly Blvd.<br>323.934.8332 | <b>Fred Segal Beauty Salon</b><br>8118 Melrose Ave.<br>323.655.3794   | <b>LA Yoga Center</b><br>1256 Westwood Blvd.<br>310.234.1200          | <b>Perfect Body Spa and Salon</b><br>2180 Westwood Blvd. Ste 2E/2F<br>310.475.1100 | <b>Sports ClubLA</b><br>1835 S Sepulveda Blvd.<br>310.473.1447              | <b>Winsor Pilates</b><br>8204 Melrose Ave.<br>323.653.8757       |

**The Tanning Club Westwood Village:**  
1132 Westwood Blvd  
(between Urban Outfitters and Pete's Coffee)  
Open  
**Mon-Fri 10am-10pm**  
**Sat-Sun 10am-8pm**  
Phone  
**(310) 208-6161**



**THE TANNING CLUB**



## Her Secrets:

Once I was teaching a runway class and my heel broke and I totally ate it! The Minka Monster or Snoop

Joaquin Phoenix



# Minka

feature model



Originally Bosnia; now Arizona/ LA

## Her Stats

Height: 5'10  
Measurements: 34-25-35  
Hair: dark brown  
Eyes: green  
Age: 17  
Zodiac: Capricorn

## Her Goals

Modeling/school  
Bosnia- back home- I love it there!  
He'd have to be tall, funny, and a successful guy in life.

## Her Spots:

Panda Express  
Starbucks  
Forever 21

## Her tips:

Just eat healthy and start early. When you start eating healthy young you get used to it; later on you don't want to make the switch.  
Go to the gym- it makes you feel better.  
Probably less is more.

## Her Proudest Moment:

It was when I got accepted into this (high) school in Arizona. You have to be in the top one percent of the students in the state.

## Her Favorites:

Jones Soda (blackberry) or Arizona Green Tea  
Chinese and Mexican... Oh and pasta!  
Hip-hop and Hardcore  
Freddie Got Fingered  
Code by Armani  
Levi's





# Dalrada

Financial

GLOBAL STUDENT  
DEBIT CARD

MasterCard

No credit • No bank account • No problem

Get A Free Mastercard® Debit Card

Have money automatically deposited into your own Mastercard® debit account.

- \* No bank account is required - you're pre-approved!
- \* Access more than 800,000 ATMs worldwide.
- \* Use your card anywhere Mastercard is accepted.
- \* Check your balance 24 - hours a day, 7 days a week - on-line or by phone.
- \* Make telephone, mail-order, or internet purchases and pay bills electronically.

Dalrada  
Financial

Email: [students@dalrada.com](mailto:students@dalrada.com) to receive an applicat



Liminal spaces



Art of Being Tuareg

## FOWLER MUSEUM of CULTURAL HISTORY

By Farrah Ganci

LOCAL ART

An enticing, global "must see". It's a great on campus adventure; explore global arts and cultures from the moment you step into the building. It's located right on the U.C.L.A. campus. The Fowler museum highlights works from the Pacific, Africa, Asia, and the Americas past and present. The Fowler museum of cultural history features several intriguing, innovative exhibitions and events. This is a great way to learn and understand cultures and religions beyond your own. There's no wonder it's conveniently located in the multi-cultural diverse city of Los Angeles.

Fowler Museum has 20,000 square feet of exhibition space, five galleries, and a unique gift store- what more could you need? Inside the store you'll discover global collections such as jewelry, handcrafted creations, and art, all of which are easy on the college student's pocket book. Inside this museum you may also attend a lecture, symposia, performance, or art workshop. If you find yourself wanting more of Fowler, I recommend becoming a member. The museum offers more than a few programs and levels of membership.

Something about "world arts" brings out a warm, comforting feeling of peace. It's true, nations coming together and expressing themselves artistically is powerful; experience it as much as you can. The museum also features: *Art of Being Tuareg: Sahara Nomads in a Modern World*, showing until February 25, 2007. Tuareg, a semi-nomadic people of Algeria, Niger, and Mali have intrigued travelers and scholars throughout history with their elegance, admirable beauty, exquisite dress, speech, dance, and advanced song. View the elaborate silver jewelry, intricate leatherworks, and all decorative productions of the Tuareg. Both history and society are explored in the first ever U.S. major exhibition on Tuareg art and culture.

Here's a little lagniappe, there will also be a display in the Goldenberg gallery. *Liminal spaces: photographs of Morocco* by Rose-Lynn Fisher is showing for the rest of the year until January 14, 2007. She is a fine-art photographer, digital artist, and mixed media painter from Los Angeles. Her artwork can be found in plenty U.S. museums, abroad, and in a permanent collection in the New Orleans Museum of Art. Don't miss these wonderful exhibits- admission is free and the experience is priceless.

Visit the Fowler Museum of Cultural History: [www.fowler.ucla.edu](http://www.fowler.ucla.edu) (310) 206 0306  
Wednesday-Sunday Noon-5pm Thursday until 8pm Closed Monday and Tuesday





**BAR**

**Area**  
643 N La Cienega Blvd.  
310.652.2012

**Beauty Bar**  
1638 N Cahuenga Blvd.  
323.464.7676

**Big Wangs**  
1562 N Cahuenga Blvd.  
323.469.2449

**Bungalow Club**  
7174 Melrose Ave.  
323.964.9494

**Cabo Cantina**  
11829 Wilshire Blvd.  
310.312.5840

**Good Luck Bar**  
1514 Hillhurst Ave.  
323.666.6612

**IVAR**  
6356 Hollywood Blvd.  
323.465.4827

**Joseph's**  
1775 N.Ivar Ave.  
323.462.8697

**Les Deux**  
1638 N Las Palmas Ave.  
323.462.7644

**Molly Malone's Irish Pub**  
575 S Fairfax Ave.  
323.935.1577

**Monroe's**  
8623 Melrose Ave.  
310.360.0066

**Westwood Brewery Company**  
1097 Glendon Ave.  
310.209.2739

**BILLIARDS**

**AAA Billiards of Beverly Hills**  
301 S Robertson Blvd.  
310.657.9119

**Q's Billiard Club**  
11835 Wilshire Blvd.  
310.477.7550

**Z Billiards**  
11925 Wilshire Blvd.  
310.478.8383

**COMEDY CLUB**

**Groundlings**  
7307 Melrose Ave.  
323.934.4747

**Hollywood Improv.**  
8162 Melrose Ave.  
323.651.2583

**Laugh Factory**  
8001 Sunset Blvd.  
323.656.1336

**GAY BAR**

**Micky's**  
8857 Santa Monica Blvd.  
310.657.1176

**Hollywood Athletic Club**  
6525 Sunset Blvd.  
323.462.6262

**Rage**  
8911 Santa Monica Blvd.  
310.652.7055

**LOUNGE**

**Aqua**  
424 N Beverly Dr.  
310.275.8511

**Bar Marmont**  
8171 W Sunset Blvd.  
323.650.0575

**Coda**  
5248 Van Nuys Blvd.  
818.783.7518

**Carbon**  
9300 Venice Blvd.  
310.558.9302

**Dolce**  
8284 Melrose Ave.  
323.852.7174

**Lava Lounge**  
1533 N La Brea Ave.  
323.876.6612

**Liquid Kitty**  
11780 W Pico Blvd.  
310.473.3707

**Oasis**  
611 N La Brea Ave.  
323.939.8900

**Red Budha**  
6423 Yucca St.  
323.962.2913

**Saints & Sinners**

10899 Venice Blvd.  
310.842.8066

**The Standard**  
8300 Sunset Blvd.  
323.822.3111

**Whiskey Blue**  
930 Hilgard Ave.  
310.208.8765

**LIVE VENUE**

**Greek Theater**  
2700 N Vermont Ave.  
323.308.6300

**House of Blues**  
8430 Sunset Blvd.  
323.848.5100

**Howl at the Moon**  
1000 Universal Studios Blvd.  
Ste 216  
818.755.9970

**Knitting Factory**  
7021 Hollywood Blvd.  
323.463.0204

**Kodak Theater**  
8801 Hollywood Blvd.  
323.308.6300

**The Roxy Theatre**  
9009 W Sunset Blvd.  
310.278.9457

**The Viper Room**  
8852 W Sunset Blvd.  
310.358.1880

**Whisky A Go Go**  
8901 W Sunset Blvd.  
310.652.4202

**DANCE**

**Basque**  
1707 N Vine St.  
323.464.1654

**Element**  
1642 N Las Palmas Ave.  
323.460.4632

**Highlands**  
6801 Hollywood Blvd.  
323.461.9800

**Key Club**  
9039 Sunset Blvd.  
310.274.5800

**Nacional**  
1645 Wilcox Ave.  
323.962.7712

**Prey**  
643 N La Cienega Blvd.  
310.652.2012

**Privalege**  
8117 W Sunset Blvd.  
323.654.0030

**Spider Club**  
1735 N Vine St.  
323.462.8270

**Vanguard**  
6021 Hollywood Blvd.  
323.463.3331

**RESTAURANT BAR**

**Acapulco Mexican Restaurant**  
1109 Glendon Ave.  
310.208.3884

**The Abbey**  
692 N Robertson Blvd.  
310.289.8410

**Aphrodisiac**  
10351 Santa Monica Blvd.  
310.282.8870

**Birds**  
5925 Franklin Ave.  
323.465.0175

**Chi Restaurant**  
8401 W Sunset Blvd.  
323.656.1234

**Citizen Smith**  
1600 N Cahuenga Blvd.  
323.461.5001

**Falcon**  
7213 Sunset Blvd.  
323.850.5350

**Le Dome**  
8720 W Sunset Blvd.  
310.659.6919

**Miyagi's**  
8225 W Sunset Blvd.  
323.650.3524

**Mojo**  
930 Hilgard Ave.  
310.443.7820

**O Bar**  
8279 Santa Monica Blvd.  
323.822.3300

**Philly West Bar & Grill**

1870 Westwood Bl.  
310.474.9787

**Saddle Ranch Chop House**  
8371 W Sunset Blvd.  
323.822.3850

**Sky Bar**  
8440 W Sunset Blvd.  
323.848.6025

**Tokio**  
1640 N Cahuenga Blvd.  
323.464.2065

**Yankee Doodles**  
1410 Third Street Promenade  
310.394.4632

**Acapulco**

M-F- 4-7PM Margarita's \$4, 1/2 price appetizers

**Arsenal Bar**

M- \$3 drafts, \$4 wells and house wine all night

**Birds**

M-Th- 4-6PM \$2.75 beer, well drinks, house wine

W-Th- 11-12PM 1/2 price drinks

**Cabo Cantina**

M-F- 2 for 1 4-8pm

**Howl at the Moon**

M- \$10 beer buckets

T- \$4 calls, \$10 domestic beer buckets

Th- College Night, \$2 Heineken Cans, \$1 Miller Lite Cans, \$1 cover with college ID, \$5 without

Fr- 5-7 Complimentary Buffet, 1/2 price drinks

Sun- 3 for 1 drinks

**Rage**

M-Sun- \$3 beers, \$4 well drinks, \$6 call drinks, \$8 premium drinks, \$9 plus premium drinks

**Q's Billiard Club**

M-Sun- 4-8PM \$3 beers, \$4 well drinks, \$10 pitchers, \$1 off house wines

**Saddle Ranch**

M-Sun- 4:30-6:30PM \$2.50 domestic draft beers, 1/2 price appetizers

**Westwood Brewery Company**

M-F- 3-6PM 1/2 price draft beers and well drinks

**Yankee Doodles**

Sun-Th- 4:30-7PM 1/2 price well drinks, 16 oz draft beer, appetizers, and pool

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DAMIEN RICE

HOT 92 JAMZ 92.3

WINTER WONDER JAM

GROUNDLINGS HOLIDAY SHOW

KROQ's ALMOST

ACQUOSTIC CHRISTMAS

KROQ's ALMOST

ACQUOSTIC CHRISTMAS

HEAVY HITTERS OF COMEDY

METAL SKOOL

INDIE 103.1 PRESENTS

PEACHES

COMEDIANS OF COMEDY

ANDY DICK

GROUNDLINGS HOLIDAY SHOW

CLUB VODKA

BATTLE OF THE BANDS- FINALS

METAL SKOOL

INDIE 103.1 PRESENTS

PRETTY FUNNY WOMEN

ROCK THE BELLS TOUR

GUNS AND ROSES

GEORGE LOPEZ

OZOMATLI

HOOBASTANK

METAL SKOOL

LOS LOBOS

CARNIVALE

CHOREOGRAPHERS BALL

DANCING WITH THE STARS

GEORGE LOPEZ

BLACKALICIOUS

BUCKCHERRY

METAL SKOOL

MICKEY AVALON

ORPHEUM THEATRE

FORUM

GROUNDLINGS

GIBSON AMPITHEATER

GIBSON AMPITHEATER

HOLLYWOOD IMPROV

KEY CLUB

VIPER ROOM

AVALON

TROUBADOUR

VINE STREET LOUNGE

GROUNDLINGS

KNITTING FACTORY

BB KINGS

KEY CLUB

VIPER ROOM

HOLLYWOOD IMPROV

HOUSE OF BLUES

GIBSON AMPITHEATER

GIBSON AMPITHEATER

HOUSE OF BLUES

KEY CLUB

KEY CLUB

HOUSE OF BLUES

KEY CLUB

STAPLES CENTER

GIBSON AMPITHEATER

EL REY

KEYCLUB

KEY CLUB

ROXY

BAR GUIDE

**Café de Cuba**

40 ml dark rum  
20 ml Creme de Cacao  
hot, strong coffee  
loosely shaken cream

Build in a coffee glass or wine glass with extra thick walls. Put a spoon in the glass to lead off the heat while pouring the hot coffee. Top with a lid of loosely shaken or lightly whipped cream.





**SCENE PICS**





# Astrology

by Farrah Ganci

## **ARIES:**

*This is a principle time for you to begin a new adventure, but watch your impulsive behavior around the 21<sup>st</sup>.*

## **TAURUS:**

*The full moon on the 4<sup>th</sup> brings money matters to your attention. The family pressure you've been experiencing eases off by the end of the month.*

## **GEMINI:**

*You're feeling rather drained because your energy has been put to use in the past few months. Take this month to compromise on projects and ideas for the New Year.*

## **CANCER:**

*Organizing your home for 2007 and practicing physical fitness are important to you this month. A new job opportunity may head your way on the 10<sup>th</sup>.*

## **LEO:**

*Creative endeavors and projects fully blossom this month. You become more settled and calm as you await January 1<sup>st</sup>.*

## **VIRGO:**

*Family, family, and family. It's all about strengthening family this month. After that, around the 24<sup>th</sup>, a new love may step into the picture.*

## **LIBRA:**

*December is a super busy month for you - life speeds up. But, here's a heads up on a home or real estate matter around the 23<sup>rd</sup>.*

## **SCORPIO:**

*You'll have a grand opportunity to earn a higher income this month and you'll receive professional recognition on the 17<sup>th</sup>.*

## **SAGITTARIUS:**

*Maintain the healthy positive energy you exuberate and you'll notice all your encounters with others are consistently rewarding. A pay off is due to you near the 10<sup>th</sup>.*

## **CAPRICORN:**

*It's a very reserved private time for you. It's a time to re-focus and re-plan for the upcoming year.*

## **AQUARIUS:**

*Try to manage your lively social agenda and your serious work schedule; this month things are hectic. Avoid any suspicious propositions between the 20-22<sup>nd</sup>.*

## **PISCES:**

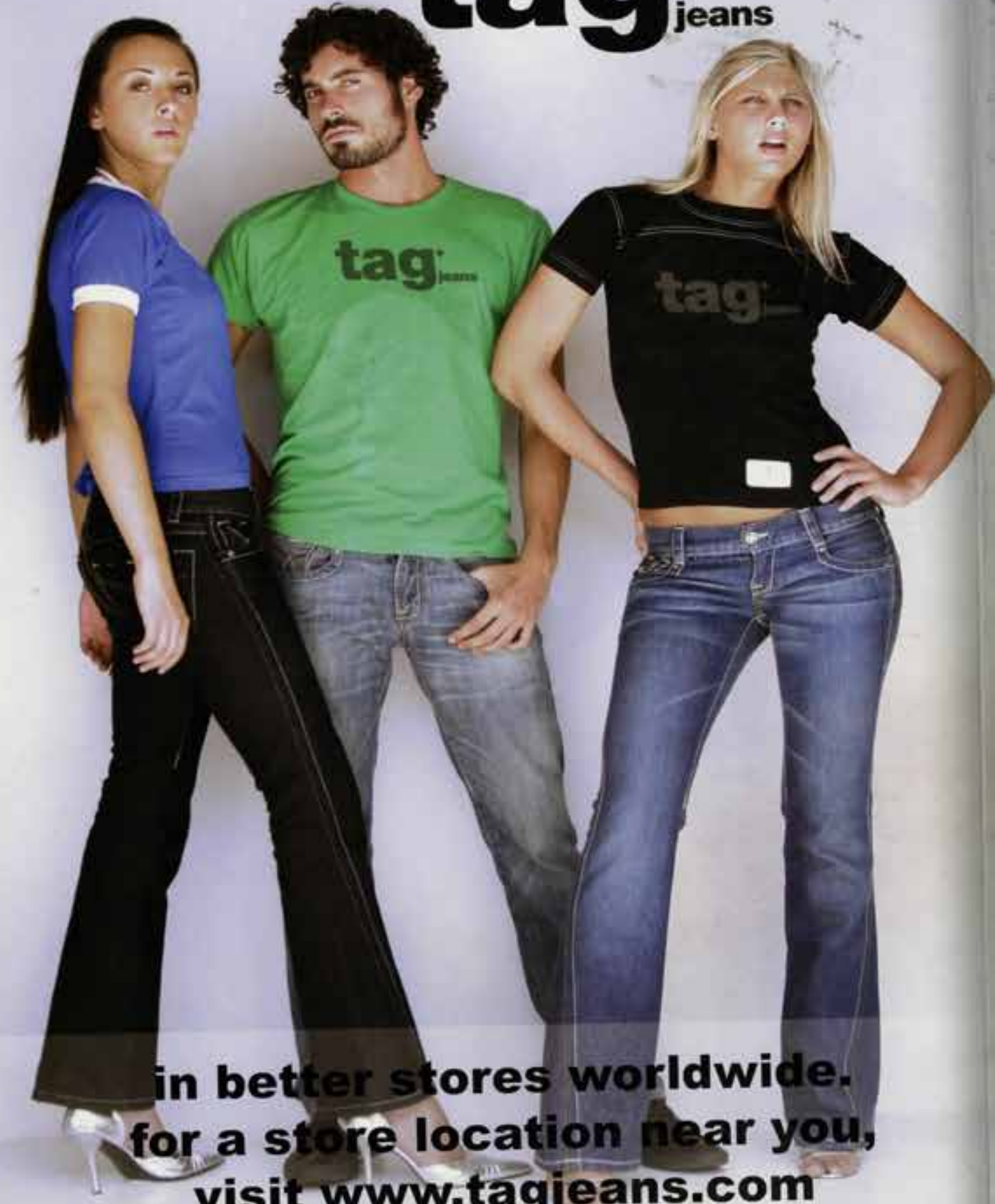
*All eyes are upon you during this busy month. On the 19<sup>th</sup> a meaningful professional partnership may develop.*

marc alexander epstein  
photography

marcepsteinphoto.com  
310 251 8528



**tag<sup>+</sup>** jeans



in better stores worldwide.  
for a store location near you,  
visit [www.tagjeans.com](http://www.tagjeans.com)